

# **CEASE Newsletter**

August 2021

#### **Welcome to the CEASE Monthly Newsletter!**

This newsletter contains information that is important to family and youth tobacco cessation treatment in Indiana. Each month, we will send out an update on changes in best practices, new resources and research, and any important updates about the CEASE program.

This information can be especially important to the clinicians at your practice who are participating and treating families. Please forward this newsletter or subscribe providers at your practice so they can receive updates from the American Academy of Pediatrics, the Indiana State Department of Health, and the CEASE Program in one place.

To subscribe, click here:

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## **Thoughts from Program Manager**

Welcome to the CEASE newsletter!

INAAP has been fortunate to be awarded another two years of funding for the CEASE program from the Indiana State Department of Health. Starting in 2018, we have been successfully building the program across the state of Indiana. The last three years would not be possible without our amazing CEASE partners, we cannot express our gratitude enough. Thank you for continuing to help Hoosier families become tobaccofree!

The past 17+ months have not been easy and we recognize all the work that practices are doing while battling a global pandemic. As we move forward into year four, we will be introducing some exciting changes to the program, including this newsletter, to keep partners informed of new resources, opportunities, and connect with other CEASE partners! I look forward to working with each of you over the next two years to make an impact on families across the state.

**Lisa Wegner, MPH**CEASE Program Manager

#### **New in Tobacco Treatment:**

The Indiana Quitline is extending its free NRT assistance from 2 weeks of free NRT to
4 weeks of free NRT for all Hoosiers participating in its services.

Learn more about the Quitline

• The American Academy of Pediatrics (AAP) released an E-Cigarette Curriculum for providers who treat teen tobacco use.

Go to AAP Curriculum

 We have recently updated our CEASE website. Click the link below to view all things CEASE and tobacco cessation and prevention.

**CEASE Website** 

### **Meet Our Team:**

Since the COVID-19 pandemic has started, we haven't been able to put a face to our CEASE team! Practice champions have been able to meet over video meetings and email, but we wanted to formally introduce ourselves.



Lisa has been serving as the CEASE Program Manager for three years. After moving to Indianapolis from Michigan back in 2018. She holds a Master's degree in public health from Grand Valley State University. In her free time, Lisa enjoys any activity that involves the water and running on the Monon.

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Clare is the Program Coordinator for the CEASE Program. She graduated with a degree in public health from Purdue University in May 2020, and has been with the American Academy of Pediatrics, Indiana Chapter since July 2020.

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