



July 2024 INAAP News & Updates

This newsletter contains important updates and the latest news from INAAP. Keep scrolling for more information on:

- 2024 INAAP Annual Conference - Registration Open!
- Introducing New INAAP Board Members
- Annual Award Nominations
- Upcoming Events
- And More!

Letter from the INAAP President Evan Kreutzer, MD

“The night animals have been here again!” This has been the daily refrain from our two and four-year-old as we’ve explored our garden each morning. The “night animals” is their umbrella term for the raccoons, deer, possums, and other critters that come under the cover of darkness to eat vine-ripened produce from our garden.

I liken the practice of pediatrics to gardening. Pediatricians plant seeds by educating families and children with anticipatory guidance. Yet outside forces like social media, bureaucratic policies, pandemics, and more come in when we’re not present to conspire and stunt their growth and development. That’s where INAAP helps. It provides us with up-to-date knowledge to better serve families; it builds community so we can learn from each other; and, it allows us to work together to combat the forces that challenge our pediatric patients.



To that end, INAAP has an exciting upcoming opportunity to learn and collaborate. I hope you’ll join us on August 22nd for our annual conference, which promises to be our best yet. Your participation in these INAAP events will help create a climate where the children of Indiana can grow and thrive.



Upcoming Events

**2024 INAAP Annual
Conference**

Thursday, August 22, 2024

502 East Event Center
Carmel, IN

[Register
Now](#)

**INAAP In-person Member
Meeting: Open Discussion
on Hot Topics**

September 11, 2024, 6:00 PM -
8:00 PM

Board of Governor's Room at Riley
Hospital for Children

[Register
Now](#)

**INAAP Webinar
Concussions: Scoliosis
Updates**

October 15, 2024, 12:00 PM - 1:00
PM

Zoom Webinar

[Register
Now](#)

Welcome Our New INAAP Members!

Last month, the following individuals joined the INAAP community. Please join us in recognizing:

Christine Rubeiz, MD | Carmel, IN

Nina Salfity, MD | Indianapolis, IN

2024 INAAP Annual Conference

INAAP is excited to announce that the 2024 annual conference will take place on Thursday, August 22nd in Carmel, Indiana!

Here's a glimpse of what to expect:

- Pre-Conference Dinner at Cooper's Hawk Winery & Restaurant: Join us to kick off the

conference the night of Wednesday, August 21 for a celebration dinner and award ceremony. Enjoy a complimentary dinner (and a wine paired with each course) while talking with other members.

- Engaging Breakout Sessions: Whether you're a hospitalist, an independent clinician, or a specialist, our diverse lineup of topics is designed to cater to your interests and professional needs. From feeding and nutrition for newborns to opioid prescription and management to pediatric mental health, there's something for everyone.
- Exhibitor and Community Resource Room: Explore the latest products, services, and resources in pediatric healthcare while connecting with representatives from leading organizations. It's your chance to stay at the forefront of advancements or new offerings.
- On-site Baristas: Fuel your day with the finest coffee made how you like it by on-site baristas (because great conversations are best paired with great coffee).

More information will be coming on this event in future editions of the newsletter, and we hope to see you there!

2024 INAAP ANNUAL CONFERENCE

SAVE THE DATE!
AUGUST 22, 2024

*Join us for a day of
speakers, conversations,
& more!*



**AUGUST 22, 2024 | 502 EVENT CENTER
CARMEL, IN**

INAAP Conference Information and Registration

Call for Nominations: INAAP Annual Awards Nominations Due July 20, 2024



The nomination window for INAAP's annual awards is now open! INAAP traditionally hands out four awards to recognize pediatricians, pediatric clinicians, and community allies for their outstanding efforts related to children's health and the practice of pediatrics. Candidates for these awards can be nominated by any INAAP member.

A 5th award was added in 2022 to honor Dr. Chaniece Wallace and recognizes an individual for outstanding commitment to advocacy and equity.

INAAP is excited to once again highlight the exemplary work being done by our members throughout the state. The description for each of the awards can be [VIEWED HERE](#). If you know someone who is worthy of one of these awards for work

that they did over the last year, please consider submitting a nomination letter using [THIS FORM](#) or email Chris Weintraut at cw@inaap.org.

Awardees will be celebrated at a dinner on August 21st (the night before INAAP's Pediatric Conference on August 22, 2024.)

2024 Peyton Manning Children's Hospital Fall Conference Registration Open

2024 Peyton Manning Children's Hospital Fall Conference

Save the date



Wednesday, Sept. 25

Full-day conference — lunch provided



Ritz Charles Banquet and Conference Center
12156 N. Meridian St., Carmel, IN 46032



**Peyton Manning
Children's Hospital**

Ascension St. Vincent



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[Register Here](#)

7th Annual Neonatal Resuscitation Symposium

World experts and leaders in the field will present and discuss the latest advances in neonatal resuscitation science, practice, education and ethics. The symposium is open to physicians, nurses, practitioners, respiratory therapists or anyone else interested in resuscitation.

Seventh Annual Neonatal Resuscitation Symposium & Workshop

September 12-13, 2024



INDIANA UNIVERSITY
SCHOOL OF MEDICINE

The symposium is open to physicians, nurses, practitioners, respiratory therapists or anyone else interested in resuscitation.



Scan the QR Code to
learn more!

IDOH Corner

Your monthly update from the Indiana Department of Health

Water Safety for Pediatricians

Per the [CDC](#), each year in the U.S., nearly 4,000 people fatally drown, and the number of drownings has increased in recent years. For children, that is an average of 11 unintentional drowning deaths every day. Nationally, drowning is the leading cause of death for children ages 1 through 4 years. IDOH would like to partner with pediatricians across the state to address water safety and reduce drowning fatalities in Indiana.



**Indiana
Department
of
Health**

Recommendations and resources for pediatricians:

- 1) [Counsel families](#) about the importance of having a water safety plan and provide anticipatory guidance, especially to patients at high risk of drowning – including infants, toddlers, male adolescents, and those with a high-risk medical condition such as epilepsy, arrhythmias, autism spectrum disorders, etc.
- 2) The [AAP Voices Blog](#) page about water safety has personal testimonials and advice from pediatricians across the country who recount their personal experiences with drowning prevention.
- 3) Review the [2018-2021 Drowning Prevention Report](#), which highlights data and prevention strategies (including things such as pool barriers and keeping pool furniture away from pool fence).
- 4) Utilize resources from the [National Drowning Prevention Alliance \(NDPA\) Pediatrician Toolkit](#).
 - o Materials include social media kits, messaging, printable posters, prescription cards, and educational videos that can be played in patient waiting rooms.
 - o All materials are free and were designed for pediatricians to use.
- 5) Connect with your [local Child Fatality Review \(CFR\) team](#).
 - o All 92 counties are covered by a local CFR team that reviews sudden and unexpected deaths among children younger than 18 years, including all drownings.
 - o CFR teams have created recommendations that are specific to their communities and local populations.
- 6) Connect families with [CPR courses](#) and [swim lessons](#) in their area.
- 7) Share resources that families can use to address water safety in and around their homes.
 - o [Pool Safely](#) has 'Water Watcher' lanyards available in English and Spanish to designate which adult is the active supervisor of children who are in or near water.

All of us can play a part in raising awareness of drowning prevention and water safety. Implementing the above strategies can save lives by preventing children from drowning.

Updates to INAAP's CEASE Team

The CEASE team has gone through a major transition in

program staff with the departure of Program Manager Clare Wright. Kelsey Back was promoted to fill the role, and Kelsey is very excited to continue work with INAAP and CEASE through a different lens.



The team is also pleased to announce that Ramneet Gill will be taking on the position of CEASE Program Coordinator. Ramneet has a versatile background in healthcare including non profit, public health, and dental care. Ramneet also has a strong understanding of the healthcare system as someone who grew up with many barriers to accessibility. She is a recent graduate of Indiana University - Indianapolis. Along with this she is going back next month to pursue a dual Masters in Health Administration and Public Health. Ramneet is very excited to be joining INAAP and focusing on health equity!

CEASE 2024 Enrollment Open Now! QI Initiative to Address Youth + Family Tobacco Use

Tobacco use and exposure to tobacco smoke is a serious concern for all family members. Child healthcare clinicians are in a unique and important position to address tobacco use and exposure to tobacco smoke because of the regular contact they have with families and the harmful health consequences that tobacco smoke exposure has for their patients.



The Clinical Effort Against Secondhand Smoke Exposure (CEASE) addresses family tobacco use in a routine and effective manner. CEASE adds a comprehensive tobacco screening tool into your workflow, making it easy to address and treat family and youth tobacco use. The program has been funded by the Indiana Department of Health for the last 6 years, allowing us to provide all materials, technical assistance, and training free of cost to your clinic. *Participation also could qualify you for MOC Part 4 credit.*

Let's work together to make a lasting impact on your patients!

Contact Kelsey Back at kb@inaap.org for more information or to get started with CEASE.

Learn more about CEASE

Visit our Website

INAAP's Mental Health Program

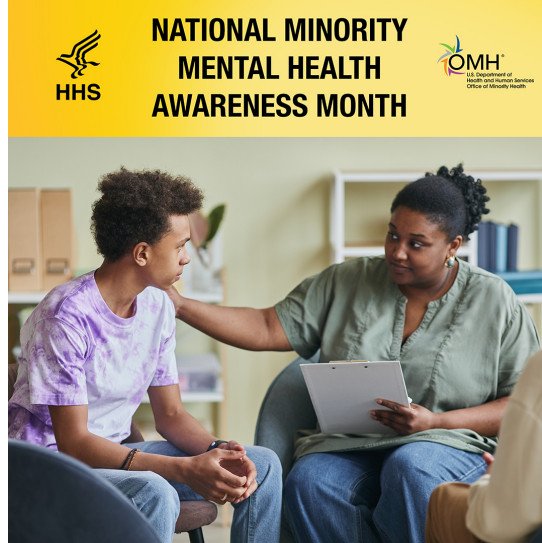


National Minority Mental Health Awareness Month

July is an important month of traditions, customs, and celebrations for many families in the United States. In addition to Independence Day, we honor and celebrate National Minority Mental Health Awareness Month! Per the U.S. Department of Health and Human Services (HHS) Office of

Minority Health (OMH), "This annual observance raises awareness about the unique challenges that affect the mental health of racial and ethnic minority and American Indian/Alaska Native (AI/AN) populations".

The AAP Daily Briefing recently featured a study that was published in JAMA Network Open, "Racial Discrimination and Risk for Internalizing and Externalizing Symptoms Among Black Youths". This study sheds light onto the devastating impact racial discrimination can have on the mental health of youths, specifically, black adolescents living in the US. After analyzing 1596 youth participants with a median age of 10.92 years, the study found "patterns of amygdalar response that moderated the association between feelings of marginalization and changes in both internalizing and externalizing symptoms". In simple terms, the study found that youths who experience racial discrimination develop and exhibit symptoms of anxiety and depression at higher rates than youths who have not had this kind of detrimental experience. The study hopes that their findings will aide in the development of "preventive interventions aimed at reducing the adverse effects of racism".



Talking to Families about CARE

You as trusted pediatric primary care providers are specially positioned to aide and guide minority families toward resources that can help them put preventive mental health interventions in place. INAAP's Child and Adolescent Mental Health or "CARE" Program is here to help!

As a reminder to those unfamiliar with the program, CARE connects children and their families to the mental health services they need. The CARE Program and CARE Line help to identify and address barriers that negatively impact a family's ability to seek out and effectively engage in mental health services. The CARE Program is Indiana's only mental health referral resource that is dedicated to children and families.

We know it can be difficult to engage families in the conversation when it comes to a child's mental health. It's especially difficult when you have concerns and parents/caregivers just can't seem to get on the same page. We know it's difficult because we are navigating these conversations, too! Our CARE Team prioritizes building rapport with the goal of establishing trust and developing meaningful relationships. We approach every client referral carefully, as we are well aware of the underlying fragility that can make or break the mental health experience for these families.

If you've considered referring a patient to our CARE Program but ultimately did not because you were unsure about the family's willingness to participate, please complete a Primary Care Provider Referral Form on their behalf. Our skilled, emotionally intelligent, and culturally competent Family Navigators will reach out to the family and do our best to help them overcome their reservations.

Connect with CARE

There are multiple ways to refer patients to the CARE Program!

Option 1: Client Intake Form

- Referring providers, parents, or legal guardians can complete the form below on behalf of a child or adolescent.
- The form asks for basic patient information such as name, address, medical insurance, etc.
- The form also allows parents to identify the specific mental health service(s) and type(s) of treatment(s) they are seeking (but can also be left blank if they are unsure).

- Once submitted, a CARE Program Family Navigator will reach out to the family to schedule an intake session.

Complete a Client Intake Form

Option 2: Primary Care Provider Referral Form

- PCPs can use this form to refer patients when various barriers, such as access to technology or inertia prevent the family from completing the client intake form themselves.
- This referral form is designed to be brief and should take less than five minutes to complete.
- None of the fields on the form are required. Provide the information you can, and the CARE Program will do the rest!

Submit a Primary Care Provider Referral Form

Option 3: The CARE Line

- Anyone can connect to the program by calling the toll-free phone number:

855-495-7271

Visit our Website

New in 2024: INAAP Career Center

INAAP is proud to announce the launch of its new Pediatric Career Center. Whether you are looking for a new opportunity or looking to hire top pediatric clinicians, this is the spot for you:

- Search and apply to top pediatric jobs at institutions that value your credentials.
- Upload your resume so employers can contact you. You remain anonymous until you choose to release your contact information.
- Create Job Alerts and receive an email each time a job matching your specified criteria becomes available.
- Access career resources, job searching tips, and tools.
- Post your job, or your institution's job, where the industry's most qualified pediatric professionals go to advance their careers.
- Email your job directly to INAAP job seekers via our exclusive Job Flash™ email.
- Search our Resume Bank using robust filters to narrow your candidate search.



Explore the benefits of our new career center by logging in or creating a new account today!

Visit our New Career Center

INAAP's Payor Council is Here to Help!

Do you have a payment, prior authorization, or formulary issue that you just can't get resolved? Help is here! Submit your problem to INAAP and our payor council will work with our partners at the Indiana State Department of Health and the Family and Social Services Administration to see if we can find a solution.

Email concerns to Chris Weintraut at cw@inaap.org.



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PEDIATRICS

On Call

A podcast on
children's health
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