



August 2024 INAAP News & Updates

This newsletter contains important updates and the latest news from INAAP. Keep scrolling for more information on:

- 2024 INAAP Annual Conference - Last Chane to Register!
- Introducing New INAAP Board Members
- CEASE (Tobacco QI Initiative) Enrollment Open
- Reach Out and Read: Summertime Tips for Families
- Upcoming Events
- And More!

Letter from the INAAP President Evan Kreutzer, MD

Recently while acting as stay-at-home dad, I declared it “butterfly day.” Our kids love these themed days. After a day with butterfly french toast, butterfly crafts, and a park excursion where we spotted exactly ONE butterfly, the kids passed out early (after reading butterfly books of course!) and I knew we’d had a success. And although it’s a cliché, the day left me thinking about what an incredible transformation butterflies experience in their life cycles.



I think too about the transformation that INAAP has undergone over the nearly ten years that I’ve been a member. Going from having a single part-time staff member, to now running multiple full-time programs with a dedicated team of full-time staffers. We address a myriad of issues and provide valuable programs and resources to our members. If it’s been a while since you explored what INAAP does for you, I’d really encourage you to check out our website (inaap.org) and join us for our annual conference. Stay tuned for an announcement about a free new tool we will be unveiling to allow members to easily connect to discuss the many challenges we face.

It’s an exciting time to be an INAAP member. I hope to see you at our conference or to engage with you online soon.



Upcoming Events

**2024 INAAP Annual
Conference**

Thursday, August 22, 2024

502 East Event Center
Carmel, IN

[Register
Now](#)

**INAAP In-person Member
Meeting: Open Discussion
on Hot Topics**

September 11, 2024, 6:00 PM -
8:00 PM

[Register
Now](#)

**INAAP Webinar
Concussions: Scoliosis
Updates**

October 15, 2024, 12:00 PM - 1:00
PM

Zoom Webinar

[Register
Now](#)

Welcome Our New INAAP Members!

Last month, the following individuals joined the INAAP community. Please join us in recognizing:

Hannah Ashworth, MD | Fort Wayne, IN

Micah Fischer, DO | Seymour, IN

Christy Loke, DO | Lebanon, IN

Nomi Sherwin, MD | Avon, IN

2024 INAAP Annual Conference

INAAP is excited to announce that the 2024 annual conference will take place on Thursday, August 22nd in Carmel, Indiana!

Here's a glimpse of what to expect:

- Pre-Conference Dinner at Cooper's Hawk Winery & Restaurant: Join us to kick off the conference the night of Wednesday, August 21 for a celebration dinner and award ceremony. Enjoy a complimentary dinner (and a wine paired with each course) while talking with other members.
- Engaging Breakout Sessions: Whether you're a hospitalist, an independent clinician, or a specialist, our diverse lineup of topics is designed to cater to your interests and professional needs. From feeding and nutrition for newborns to opioid prescription and management to pediatric mental health, there's something for everyone.
- Exhibitor and Community Resource Room: Explore the latest products, services, and resources in pediatric healthcare while connecting with representatives from leading organizations. It's your chance to stay at the forefront of advancements or new offerings.
- On-site Baristas: Fuel your day with the finest coffee made how you like it by on-site baristas (because great conversations are best paired with great coffee).

More information will be coming on this event in future editions of the newsletter, and we hope to see you there!

2024 INAAP ANNUAL CONFERENCE

SAVE THE DATE!
AUGUST 22, 2024

*Join us for a day of
speakers, conversations,
& more!*



**AUGUST 22, 2024 | 502 EVENT CENTER
CARMEL, IN**

INAAP Conference Information and Registration

Call for Nominations: INAAP Annual Awards Nominations Due July 20, 2024



The nomination window for INAAP's annual awards is now open! INAAP traditionally hands out four awards to recognize pediatricians, pediatric clinicians, and community allies for their outstanding efforts related to children's health and the practice of pediatrics. Candidates for these awards can be nominated by any INAAP member.

A 5th award was added in 2022 to honor Dr. Chaniece Wallace and recognizes an individual for outstanding commitment to advocacy and equity.

INAAP is excited to once again highlight the exemplary work being done by our members throughout the state. The description for each of the awards can be [VIEWED HERE](#). If you know someone who is worthy of one of these awards for work that they did over the last year, please consider submitting a nomination letter using [THIS FORM](#) or email Chris Weintraut at cw@inaap.org.

Awardees will be celebrated at a dinner on August 21st (the night before INAAP's Pediatric Conference on August 22, 2024.)

2024 Peyton Manning Children's Hospital Fall Conference Registration Open

2024 Peyton Manning Children's Hospital Fall Conference

Save the date



Wednesday, Sept. 25

Full-day conference — lunch provided



Ritz Charles Banquet and Conference Center
12156 N. Meridian St., Carmel, IN 46032



**Peyton Manning
Children's Hospital**
Ascension St. Vincent



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[Register Here](#)

7th Annual Neonatal Resuscitation Symposium

World experts and leaders in the field will present and discuss the latest advances in neonatal resuscitation science, practice, education and ethics. The symposium is open to physicians, nurses, practitioners, respiratory therapists or anyone else interested in resuscitation.

Seventh Annual Neonatal Resuscitation Symposium & Workshop

September 12-13, 2024



INDIANA UNIVERSITY
SCHOOL OF MEDICINE

The symposium is open to physicians, nurses, practitioners, respiratory therapists or anyone else interested in resuscitation.



Scan the QR Code to
learn more!

IDOH Corner

Your monthly update from the Indiana Department of Health

Help ensure Hoosier children are tested for harmful lead

By Lead and Healthy Homes Division Director,
Paul Krievins and Chief Medical Officer,
Guy Crowder, MD, MPHTM

Protecting children from lead is important to
their lifelong health. Lead is a naturally
occurring

metal that can be found in the air, soil, dust
and paint inside or outside of some homes
and

other buildings built before 1978. Lead is toxic
to everyone, but because their bodies are still
developing and growing rapidly, lead is especially toxic to unborn babies and children younger
than 6 years of age. No level of lead in the blood is safe, but lead toxicity can be prevented.



Indiana
Department
of
Health

In recent years, Indiana has taken several steps to identify lead poisoning and improve outcomes, including lowering the accepted blood lead threshold for children, increasing lead testing requirements, and increasing the reporting of those test results to Indiana Department of Health (IDOH).

We still have a lot of work to do. In 2023, 35.4% of children younger than 3 years old and 19.1% of children younger than 7 years old were tested at least once. You can help minimize the health risks caused by lead through improved testing and reporting.

Indiana statute changed effective on Jan. 1, 2023, (HEA 1313 and 410 IAC 29-3-1) and requires:

- All children younger than 7 be tested for lead, and if not, to offer this testing to the parent or guardian of that child
- Children should be lead tested between nine and 15 months of age (1-year checkup, for example), and again between 21 and 27 months (such as 2-year checkup), or as close as reasonably possible
- All blood lead tests, regardless of results, are required to be reported to IDOH no later than one week after completion. This requirement applies to both the provider and the laboratory, clinic, etc. responsible for the analysis of the specimen.

Reporting and other guidance:

- Report blood lead test results into Children and Hoosier Immunization Registry Program (CHIRP), or through the electronic gateway portal Lead Data Flow (LDF) or HL7 messaging.
- Utilize EMR prompts as testing reminders whenever possible. Entering results exclusively into an EMR will not guarantee that they are being reported into CHIRP and to IDOH.
- Visit the IDOH Lead and Healthy Homes Website or call 317-233-1296 for reporting information and instructions, and other helpful information.
- Click the Healthcare Providers section of the IDOH Lead and Healthy Homes Division webpage for other resources.

Thank you for helping to ensure all Hoosier children are tested and treated for lead poisoning. Please contact the Lead and Healthy Homes division if you have questions, and complete this survey to provide feedback about lead testing and reporting.



Improving Oral Health Outcomes For Your Patients

INAAP has received a grant from the AAP to focus on enhancing oral health education and outcomes within the primary care setting. The project will be led by a quality improvement consultant. INAAP will partner with McMillen Health, an non profit health education center, to create resources for participating practices. This project aims to compassionate care that is effective. Providers will receive training and many resources to better serve patients. The resources will cover many topics including brushing, oral health, nutrition, substance use, and HPV. This initiative aims to integrate oral health into the clinic through various ways.

1. Enhance Comprehensive Medical Home: Equip pediatricians with oral health-focused education and resources.
2. Promote Patient Centered Oral Health Education: Engage patients and families in understanding the importance of oral health.
3. Increase Fluoride Varnish Applications: Promote fluoride varnish use to avoid tooth decay.
4. Caries Risk Assessment: Improve the identification and management of caries risk in children.
5. Increase HPV Vaccination: Encourage HPV vaccination when age appropriate to prevent health issues.

Requirements

- 1 hour initial training completed live or by watching pre-recorded video
- 1 hour initial QI training virtual (no timeline)
- Provide oral health services to 15 Medicaid patients age 13-18 quarterly
- Utilize Oral Health Education Materials provided
- Record utilization of Oral Health Risk Assessment, Fluoride Varnish, Oral Health Education, HPV Vaccination Status, and establishment of or maintenance of dental home
- Meet 4 times with QI coach and dental advocate to submit and review data along with educational review: October 2024, January 2025, March 2025, June 2025

CEASE 2024 Enrollment Open Now! QI Initiative to Address Youth + Family Tobacco Use

Tobacco use and exposure to tobacco smoke is a serious concern for all family members. Child healthcare clinicians are in a unique and important position to address tobacco use and exposure to tobacco smoke because of the regular contact they have with families and the harmful health consequences that tobacco smoke exposure has for their patients.



The Clinical Effort Against Secondhand Smoke Exposure (CEASE) addresses family tobacco use in a routine and effective manner. CEASE adds a

comprehensive tobacco screening tool into your workflow, making it easy to address and treat family and youth tobacco use. The program has been funded by the Indiana Department of Health for the last 6 years, allowing us to provide all materials, technical assistance, and training free of cost to your clinic. *Participation also could qualify you for MOC Part 4 credit.*

Let's work together to make a lasting impact on your patients!

Contact Kelsey Back at kb@inaap.org for more information or to get started with CEASE.

Learn more about CEASE

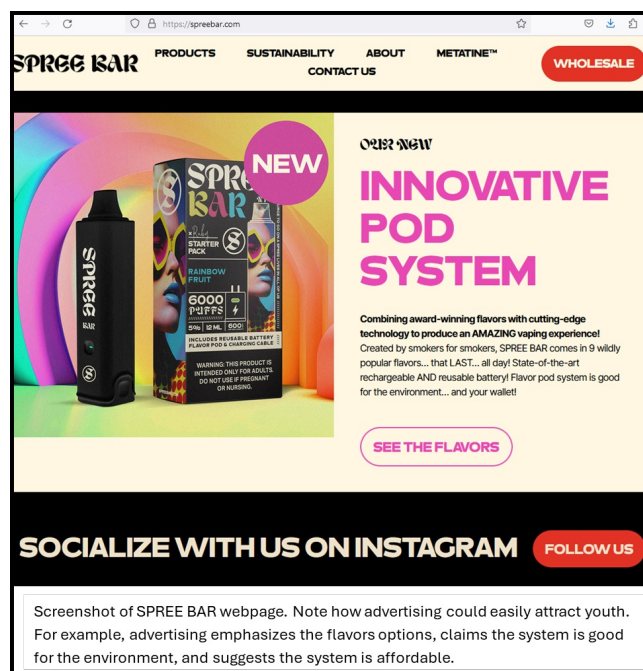
Visit our Website

"Clean-Air Corner"

NEW PRODUCT ALERT: Nicotine Analog Products

- Nicotine analog products are products that use nicotine analogs instead of nicotine from tobacco or synthetic nicotine.
- Nicotine analogs are compounds that are structurally similar to nicotine and include nicotine derivatives and metabolites.
- These products are potentially more addictive & more potent.
- Companies who currently sell nicotine analog products include: SREE BAR (uses a chemical called Metatine), Outlaw Dip Company (uses a chemical called Nixamide), ECBLend (uses a chemical called Nixotine).
- These products are not subject to U.S. tobacco and vaping regulations.
- The AAP recommends screening all youth for tobacco use and exposure at each clinical encounter.
- For more information go to: <https://www.aap.org/en/patient-care/tobacco-control-and-prevention/>

For more information, questions, or suggestions on future topics, please contact Sarah E. Bauer, MD at bauersae@iu.edu.



The screenshot shows the SPREE BAR website. The navigation bar includes 'SPREE BAR', 'PRODUCTS', 'SUSTAINABILITY', 'ABOUT', 'METATINE™', and 'CONTACT US'. A red 'WHOLESALE' button is visible. The main content area features a 'NEW' badge and the text 'INNOVATIVE POD SYSTEM'. Below this, it states: 'Combining award-winning flavors with cutting-edge technology to produce an AMAZING vaping experience! Created by smokers for smokers, SPREE BAR comes in 9 wildly popular flavors... that LAST... all day! State-of-the-art rechargeable AND reusable battery! Flavor pod system is good for the environment... and your wallet!'. A 'SEE THE FLAVORS' button is present. At the bottom, there is a 'SOCIALIZE WITH US ON INSTAGRAM' section with a 'FOLLOW US' button. A disclaimer at the bottom reads: 'SCREENING THIS PRODUCT IS INTENDED ONLY FOR ADULTS. DO NOT USE IF PREGNANT OR NURSING.'

Screenshot of SPREE BAR webpage. Note how advertising could easily attract youth. For example, advertising emphasizes the flavors options, claims the system is good for the environment, and suggests the system is affordable.

Reach Out and Read

Summertime Tips for Families



As the temperatures rise, it's time to explore the perks of grabbing a book and your kids and heading outside! Exploring the great outdoors with your kids isn't just about getting in the sunshine—it's also an opportunity to cultivate a love for reading!

Taking storytime outside strengthens family bonds as you share stories, laughter, and new experiences in nature. It's a chance to connect on a deeper level while creating cherished memories that will last a lifetime.

Outdoor settings spark creativity and imagination in children. Surrounded by the sights and sounds of nature, kids are inspired to dream and explore. Reading outside encourages physical activity and exploration. Whether it's chasing butterflies, climbing trees, or simply running through the grass, kids engage their bodies while engaging their minds, promoting healthy habits and active lifestyles.

Nature has a calming effect on both children and adults. Reading outside provides a tranquil escape from the hustle and bustle of daily life, allowing kids to unwind, de-stress, and immerse themselves in the joys of storytelling. Outdoor environments offer endless opportunities for hands-on learning and discovery. From identifying plants and animals to exploring natural phenomena, reading outside stimulates curiosity, fosters a sense of wonder, and deepens children's understanding of the world around them.

So, grab a blanket, pack some snacks, and head outdoors with your favorite books in tow! Whether you're lounging in the backyard, picnicking at the park, or hiking through the wilderness, reading outside with your kids is a rewarding adventure for all!

INAAP's Mental Health Program



Back to School

August has come and gone, ushering in a brand new school year and the end of summer break. Returning to school can be both exciting and stressful for students and their families. Preparation is key, and some parents may benefit from a friendly reminder. Talking to families about the importance of "Back-to-School" routines can help reduce student anxiety and the duration of this adjustment period. The American Psychological Association has some helpful tips that you can share with families.

BACK-TO-SCHOOL TIPS: HOW TO HELP KIDS TRANSITION



RESTART YOUR FAMILY'S SCHOOL YEAR ROUTINE: Establish a more regular bedtime and wakeup schedule that allows kids to get out the door in time for school. Organize school supplies, including backpacks, binders, and lunchboxes.



GET TO KNOW YOUR NEIGHBORS: If new to the neighborhood, arrange play dates for your child or find safe hangout spots for older kids.



BUILD IN SOME ONE-ON-ONE TIME: Take a few moments to ask your child about their fears, worries, and concerns. Incorporate positive aspects of their previous school experience into the new one.



EMPATHIZE WITH YOUR CHILDREN: Show understanding and empathy—encourage kids to confront their fears and celebrate their courageous actions.



GET INVOLVED AND ASK FOR HELP: Engage with the community through parent-teacher organizations or local activities. Seek help from a licensed psychologist if stress becomes overwhelming.

© American Psychological Association

Talking to Families about CARE

As a reminder to those unfamiliar with the program, CARE connects children and their families to the mental health services they need. The CARE Program and CARE Line help to identify and address barriers that negatively impact a family's ability to seek out and effectively engage in mental health services. The CARE Program is Indiana's only mental health referral resource dedicated to children and families.

We know it can be challenging to engage families in the conversation when it comes to a child's mental health. That challenge is compounded when you have concerns and parents/caregivers can't seem to get on the same page. We know it can be challenging because we are navigating these conversations, too! Our CARE Team prioritizes building rapport with families, establishing trust, and developing meaningful relationships. We approach every client referral carefully, as we are well aware of the underlying fragility that can make or break the mental health experience for these families.

Have you considered referring a patient to our CARE Program, but ultimately did not because you were unsure about the family's willingness to participate? Our skilled, emotionally intelligent, and culturally competent Family Navigators are trained and ready to help families overcome their reservations. Please complete a Primary Care Provider Referral Form or Client Intake Form on behalf of patients who could benefit from mental health services and support.

Connect with CARE

There are multiple ways to refer patients to the CARE Program!

Option 1: Client Intake Form

- Referring providers, parents, or legal guardians can complete the form below on behalf of a child or adolescent.
- The form asks for basic patient information such as name, address, medical insurance, etc.
- The form also allows parents to identify the specific mental health service(s) and

type(s) of treatment(s) they are seeking (but can also be left blank if they are unsure).

- Once submitted, a CARE Program Family Navigator will reach out to the family to schedule an intake session.

Complete a Client Intake Form

Option 2: Primary Care Provider Referral Form

- PCPs can use this form to refer patients when various barriers, such as access to technology or inertia prevent the family from completing the client intake form themselves.
- This referral form is designed to be brief and should take less than five minutes to complete.
- None of the fields on the form are required. Provide the information you can, and the CARE Program will do the rest!

Submit a Primary Care Provider Referral Form

Option 3: The CARE Line

- Anyone can connect to the program by calling the toll-free phone number:

855-495-7271

Visit our Website

New in 2024: INAAP Career Center

INAAP is proud to announce the launch of its new Pediatric Career Center. Whether you are looking for a new opportunity or looking to hire top pediatric clinicians, this is the spot for you:

- Search and apply to top pediatric jobs at institutions that value your credentials.
- Upload your resume so employers can contact you. You remain anonymous until you choose to release your contact information.
- Create Job Alerts and receive an email each time a job matching your specified criteria becomes available.
- Access career resources, job searching tips, and tools.
- Post your job, or your institution's job, where the industry's most qualified pediatric professionals go to advance their careers.
- Email your job directly to INAAP job seekers via our exclusive Job Flash™ email.
- Search our Resume Bank using robust filters to narrow your candidate search.



Explore the benefits of our new career center by logging in or creating a new account today!

INAAP's Payor Council is Here to Help!

Do you have a payment, prior authorization, or formulary issue that you just can't get resolved? Help is here! Submit your problem to INAAP and our payor council will work with our partners at the Indiana State Department of Health and the Family and Social Services Administration to see if we can find a solution.

Email concerns to Chris Weintraut at cw@inaap.org.



Need something new to listen to?

Whether you are on your way to work or have a few moments of downtime, this podcast is perfect for you! Get the latest AAP updates with this [podcast](#) that features interviews about new research and hot topics in the field of pediatrics.



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