



April 2024 INAAP Monthly News & Updates

This newsletter contains important updates and the latest news from INAAP. Keep scrolling for more information on:

- Connect with CARE - INAAP's Mental Health Program
- CEASE (Tobacco QI Initiative) Enrollment Open
- Reach Out and Read Updates
- 2024 Annual Conference
- Upcoming events
- And More!

Letter from the President

Happy Spring! Anyone else find gaps in their schedules during spring break? Feels like I haven't seen open slots since pre-pandemic! It was a very nice surprise to have extra time to take a breath, not feel rushed with patients, or just chat with staff! I do miss my hospitalist days when I was not under pressure to see as many patients as possible in the shortest amount of time.

Being involved in conversations about health care models, how we can do better for our patients while balancing the business aspect of medicine has inspired us to expand our committee work to ensure more private practice/direct primary care voices are part of the discussion. If you are currently in one of these models or curious – I encourage you to reach out.

Please also look ahead at our events and put the INAAP Annual Conference on your calendar! Thursday, August 22! Never too early to plan CME!

Jaime Stelzer, MD
INAAP President



Upcoming Events

ACT Now: Addressing Youth Tobacco Cessation in Schools	April 10, 2024 from 12:00 - 1:30 PM, EST April 11, 2024 from 3:30 - 5:00 PM, EST
INAAP In-person Member	May 8, 2024, 6:00 PM - 8:00 PM

Register
Now

Meeting: Summer Topic
Refresher (Water Safety +
Sunscreen + New Toolkit for
Pediatricians and More!)

Board of Governor's Room at Riley
Hospital for Children

Register
Now

INAAP In-person Member
Meeting

July 10, 2024, 6:00 PM - 8:00 PM

Board of Governor's Room at Riley
Hospital for Children

Register
Now

2024 INAAP Annual
Conference

Thursday, August 22, 2024

502 East Event Center
Carmel, IN

Register
Now

Welcome Our New INAAP Members!

Last month, the following individuals joined the INAAP community. Please join us in recognizing:

Greshma Susan George, MD | Indianapolis, IN

Stefan Malin, MD | Fort Wayne, IN

2024 INAAP Annual Conference Early Bird Registration Open Now!

INAAP is excited to announce that the 2024 annual conference will take place on Thursday, August 22nd in Carmel, Indiana! Based on our membership survey about preferences related to the timing of the conference, we will be shifting the format this year to take place on one day during the work week. More information will be coming on this event in future editions of the newsletter, and we hope to see you there!

[INAAP Conference Information and Registration](#)



REGISTER NOW!

2024 INAAP ANNUAL CONFERENCE



AUGUST 22, 2024
CARMEL, IN

INAAP is excited to invite you to attend our 2024 Pediatric Conference at 502 Event Center in Carmel, IN. Join us for a day of speakers, conversations, & more!

AUGUST 22, 2024 | 502 EAST EVENT CENTER | CARMEL, IN

www.inaap-conference.com

INAAP Conference Information and Registration

CEASE 2024 Enrollment Open Now!

QI Initiative to Address Youth + Family Tobacco Use

Tobacco use and exposure to tobacco smoke is a serious concern for all family members. Child healthcare clinicians are in a unique and important position to address tobacco use and exposure to tobacco smoke because of the regular contact they have with families and the harmful health consequences that tobacco smoke exposure has for their patients.



The Clinical Effort Against Secondhand Smoke Exposure (CEASE) addresses family tobacco use in a routine and effective manner. CEASE adds a comprehensive tobacco screening tool into your workflow, making it easy to address and treat family and youth tobacco use. The program has been funded by the Indiana Department of Health for the last 6 years, allowing us to provide all materials, technical assistance, and training free of cost to your clinic. *Participation also could qualify you for MOC Part 4 credit.*

Let's work together to make a lasting impact on your patients!

Contact Kelsey Back at kb@inaap.org for more information or to get started with CEASE.

Learn more about CEASE

Visit our Website

2024 Solar Eclipse - What Happens Now?

Solar Retinopathy Guidelines

On Monday, April 8, a total solar eclipse passed over Indiana. The Indiana Department of Health (IDOH) is planning for a potential surge in patients with eye complaints due to the eclipse and the number of anticipated visitors to the area. There is no specific treatment for solar retinopathy caused by looking at the eclipse without proper eye protection, and in most cases the condition will heal within 3-6 months. Emergency evaluation for solar retinopathy is not necessary.

IDOH has collaborated with the Indiana Academy of Ophthalmology to provide guidance for clinicians evaluating patients with possible solar retinopathy.

[Download + Print Guidance HERE](#)

INAAP's Mental Health Program

Connect with CARE

CARE Program: New Referrals

The Child and Adolescent Mental Health or “CARE” Program is delighted to welcome the INAAP members who have joined our CARE community in the last month.



We are honored to serve your families!

As a reminder to those unfamiliar with the program, CARE connects children and their families to the mental health services they need. The CARE Program and CARE Line help to identify and address barriers that negatively impact a family's ability to seek out and effectively engage in mental health services. CARE is Indiana's only mental health referral resource that is dedicated to children and families.

CARE Program: When to Refer

While the majority of referrals received by CARE have been completely appropriate, we've encountered the occasional one-off that falls outside of our scope of practice. We would like to make the most of this teachable moment and speak to the scenarios that are NOT appropriate for the CARE Program.

Please help us educate parents about the appropriate steps to take in the event of a mental health emergency.

When NOT to refer a patient to the CARE Program

- When a child is in immediate danger
- When a child is a safety risk to themselves or others
- When a child has expressed active suicidal ideation and has a plan or the intent to cause harm

1) Immediate Danger

This type of emergency should be directed to local law enforcement and emergency medical services by dialing 9-1-1. Depending on the nature of the emergency, a report to the Department of Child Services should also be considered.

2) Safety Risk (Self or Others) or Active Suicidal Ideation

In this event, the child and their family should be directed to the National Suicide Prevention Lifeline by calling or texting 9-8-8. They can also be directed to contact one of the emergency hotlines offered by Indiana community mental health centers. These lines are open and available 24/7, 7 days a week.

If a child or adolescent is experiencing a mental health emergency and are in need of support, please utilize the following crisis and suicide prevention resources:

- Call or text 9-8-8 to be connected to the Suicide & Crisis Lifeline
- Text IN to 741741 for free crisis counseling that is available 24/7 from the Crisis Text Line
- Support for deaf and hard of hearing at 800-799-4889
- Confidential suicide hotline for LGBTQ+ youth by calling 866-488-7386, Trevor Project Lifeline
- Text START to 678-678 for TrevorText
- Call 800-273-8255 (TALK) to be connected to the National Suicide Prevention Lifeline

If a suicide attempt has occurred, immediately call 9-1-1 or go to the hospital emergency room closest to you.

CARE Program: Get Connected

Option 1: Client Intake Form

- A patient's parent or legal guardian can complete the form below for their child.
- The form asks for basic patient information such as name, address, medical insurance, etc.
- The form also allows parents to identify the specific mental health service(s) and type(s) of treatment(s) they are seeking (but can also be left blank if they are unsure).
- Once submitted, a CARE Program Family Navigator will reach out to the family to schedule an intake session.

[Click here for the Client Intake Form](#)

Option 2: Primary Care Provider Referral Form

- PCPs can use this form to refer patients when various barriers, such as access to technology or inertia prevent the family from completing the client intake form themselves.
- This referral form is designed to be brief and should take less than five minutes to complete.
- None of the fields on the form are required. Provide the information you can, and the CARE Program will do the rest!

[Primary Care Provider Referral Form](#)

Option 3: The CARE Line

- Anyone can connect to the program by calling the toll-free phone number (855-495-7271), and the CARE Team will do the rest.

[Visit our Website](#)

Register for the Riley Conference May 8-9, 2024



Riley will be hosting its Annual Children's Health Pediatric Conference on May 8 – 9, 2024, with the first day being virtual and the second day in-person. Use the link below for more information.

New in 2024: INAAP Career Center

INAAP is proud to announce the launch of its new Pediatric Career Center. Whether you are looking for a new opportunity or looking to hire top pediatric clinicians, this is the spot for you:

- Search and apply to top pediatric jobs at institutions that value your credentials.
- Upload your resume so employers can contact you. You remain anonymous until you choose to release your contact information.
- Create Job Alerts and receive an email each time a job matching your specified criteria becomes available.
- Access career resources, job searching tips, and tools.
- Post your job, or your institution's job, where the industry's most qualified pediatric professionals go to advance their careers.
- Email your job directly to INAAP job seekers via our exclusive Job Flash™ email.
- Search our Resume Bank using robust filters to narrow your candidate search.



Explore the benefits of our new career center by logging in or creating a new account today!

Visit our New Career Center

INAAP's Payor Council is Here to Help!

Do you have a payment, prior authorization, or formulary issue that you just can't get resolved? Help is here! Submit your problem to INAAP and our payor council will work with our partners at the Indiana State Department of Health and the Family and Social Services Administration to see if we can find a solution.

Email concerns to Chris Weintraut at cw@inaap.org.



Need something new to listen to?

Whether you are on your way to work or have a few moments of downtime, this podcast is perfect for you! Get the latest AAP updates with this

[podcast](#) that features interviews about new research and hot topics in the field of pediatrics.

PEDIATRICS

On Call



A podcast on children's health from the AAP



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