



INAAP

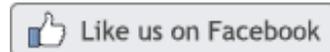
INDIANA CHAPTER
AMERICAN ACADEMY OF PEDIATRICS

INAAP Monthly News & Updates

July 2018

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Letter from the President

Greetings!

As summer vacations are finishing up and the dog days of summer drag along, I could not be more excited to share with you the exciting changes and updates for our Indiana AAP chapter.

This newsletter is a big one!

You will first notice a huge grant opportunity for our chapter as part of a partnership with the Indiana state department of health. While the project opportunities will certainly be a boon for the practices selected, the grant in itself shows our efforts collaborating with health care groups are paying off, proving our influence and credibility in Indiana.

But what I am most excited about is our new organization structure for member involvement! Every year, when I meet with the Peyton Manning Children's Hospital pediatric interns, I ask them a simple question: what makes a pediatrician? Predictably, some degree of training and a board certification are the most common answers. But when we delve further, we find that what really defines our craft is an interest and desire advocating for children.

We INAAP to help you focus and amplify that energy. The biggest strength of our organization is our members, each of us with unique passions, talents, and expertise. We can do a better job connecting these interests, and ensuring that our time and efforts are productive and self-motivating. Don't be shy! Find a topic that motivates you and engage with an activity taking place. There are 900 pediatricians in this organization. There is no doubt that together we can do so much for children.



**INAAP Receives \$120,000
Tobacco Cessation Grant from
ISDH to Help Implement CEASE**

Now Recruiting 4 Practices to Implement CEASE

INAAP is excited to announce that it has received funding to help further tobacco cessation efforts in Indiana. In partnership with the Indiana State Department of Health and Massachusetts General Hospital, INAAP is now recruiting 4 practices who are interested in implementing the CEASE program.

CEASE, or the Clinical Effort Against Secondhand Smoke Exposure, is a program that trains pediatricians and office staff to systematically provide cessation counseling and interventions to parents and other adults who smoke. The program includes tools to both change the pediatric health care office infrastructure and to facilitate pediatric health care providers' delivery of counseling, medications, and referral for tobacco cessation. The effectiveness of the program has been proven over the past decade, and has been shown to drastically increase rates of delivering tobacco control assistance to parents. You can read more about the program and the studies of its effects [here](#) and [here](#).

The grant will provide participating practices with all training and materials needed from the program, and will allow practices to work directly with the CEASE team at Massachusetts General Hospital. Best of all, the CEASE team will collect and analyze all program data on your behalf, and an INAAP coordinator will be available locally to help with any issues that arise.

The deadline from recruitment is August 31. If you are interested in learning more or signing up for the program, please email Chris Weintraut at cw@inaap.org.

Evolution of INAAP Committees: Making it Easier to get Involved and Volunteer for Something You're Passionate About!

Over the past several years INAAP has moved projects forward through a traditional committee structure. Committees were organized around a broad topic, and the committee met on a regular basis to discuss updates and next steps.

While our committees have done some wonderful work, we began realizing that the traditional committee structure made it hard for members to get involved or volunteer without a large, ongoing commitment. Further, members who volunteered on one committee might feel excluded from working on things they were passionate about that fell outside the scope of their committee.



Earlier this summer the INAAP Board of Directors met to discuss the organization's priorities for the next several years. As part of that, the board voted to move away from the traditional committee structure, and instead focus on individual projects or tasks that are led by one of the members of the INAAP Board. Each of these projects will fall under one of our newly formed "pillars" which will help guide the work we do. The pillars are:

1. Advocacy
2. Practice of Pediatrics
3. Child Health
4. Chapter and Membership
5. Regional Affairs

We will have a dedicated section in each newsletter with volunteer opportunities that fit under one of our pillars, and we encourage you to reach out if you see something that interests you!

Current Volunteer Opportunities

Below is a list of ongoing INAAP projects that are in need of volunteers! If you are interested in one of these areas, we encourage you to reach out and get involved!

Advocacy

1. Legislative and public outreach related to immigrant children and families. Contact [Dr. Sarah Stelzner](#)
2. Public education on the issue of "public charge" and it's potential effects on Indiana's children. Contact [Dr. Sarah Stelzner](#)
3. State-level advocacy related to environmental health. Contact [Dr. Pat Clements](#)
4. Interested in being a champion for tobacco cessation? Raising the cost of cigarettes will be a top priority for INAAP during the 2019 legislative session, and we will need people willing to be advocates. Contact [Chris Weintraut](#)



Practice of Pediatrics

1. Interested in joining efforts to raise payment rates for pediatricians providing care through Medicaid? Plans are ongoing to make a push during the 2019 Legislative Session for more Medicaid parity, and we need your help! Contact [Dr. Tony GiaQuinta](#)
2. Frustrated by medicaid payment issues, prior authorizations, or formularies, and want to help work towards a better solution? Contact [Dr. Sarah Bosslet](#) about what you can do to help!

Child Health

1. We are recruiting members interested in helping to plan the 4th annual Read IN event at the Indianapolis Central Library. The event raises money for Reach Out and Read, and will take place at the end of April 2019. This is an ideal volunteer opportunity for Indianapolis-based pediatricians and residents. Contact [Dr. Katie Swec](#)
2. Gun safety and reform. We are looking for members who are interested in this issue and who want to help figure out what our chapter can do to help protect Indiana's children. If you'd like to join the conversation, contact [Dr. Laura Walls](#)
3. The care of opioid-exposed infants continues to be an issue in our state. As INAAP's grant on this issue comes to a close, we are looking for more ideas on how our chapter can help in this arena. Have ideas or want to help move the ball forward? Contact [Dr. Emily Scott](#)

Chapter and Membership

1. Chapter Events - We'd love to hear from members about the type of programs or events they'd like to see from the chapter. Have a great idea? Contact [Dr. Carolyn Lytle](#) and let us know!

Regional Affairs

1. Our Regional Affairs Committee wants to hear about issues affecting practices in your area that others might not be aware of. Are you dealing with a problem and want to find out how others are handling it throughout the state? Contact [Dr. Cynthia Nassim](#)



INAAP Vice President Dr. Emily Scott on Breastfeeding

Breastmilk provides optimal nutrition for all babies and should be normalized as the standard for infant nutrition throughout the world. Pediatricians work hard to support breastfeeding through at least first year of life whenever possible. Recently, the World Health Assembly (the decision-making body for the World Health Organization) put forth a resolution that affirmed the critical role of breastfeeding in maternal and child health, expressed concern over the low rates of breastfeeding worldwide and asked for member nations to dedicate efforts to improve breastfeeding rates in their country. The US

opposed this resolution.

US opposition to this WHA resolution specifically centered around calls to restrict formula marketing. Formula marketing, especially in the hospital and medical office setting, can have a negative impact on breastfeeding initiation, continuation and exclusivity. President Trump also expressed concern that "many women need this option [formula] because of malnutrition and poverty." We know that, in fact, breastfeeding is even more crucial in developing countries due to problems accessing clean water. Developing countries also have higher rates of infectious diseases, which breastmilk can mitigate. A mother's body, even if malnourished, has the remarkable ability to produce nutritious breastmilk for her baby.

Health organizations, such as the AAP, ACOG and the March of Dimes, have reaffirmed their position that breastfeeding supportive practices and policies should be sustained and advanced. The US Breastfeeding Committee issued a statement that strongly urges the US government to place the health and well-being of mothers and babies above the interest of the formula company. They state, in part, "When maternal and infant morbidity and mortality are at stake, any actions by organizations or governments that elevate corporate profit over public health is inexcusable. The U.S. and its leadership must stand up to industry lobbyists and support, promote and protect the health of parents and babies."

What can you do as a pediatrician to impact breastfeeding rates in Indiana? Continue to educate your families about the power of breastmilk. See all newborns within 48 hours of hospital discharge for their first appointment. Support breastfeeding moms during challenging times - such as engorgement, growth spurts or mastitis. Use evidence-based resources (like www.newbornweight.org and WHO growth curves) before suggesting formula supplementation. Advocate to policy makers about the importance of adequate paid family leave. Find local community resources to support breastfeeding families. Consider taking formula marketing out of your office, if you have not done so already. Educate your office (including front office staff and telephone triage) in breastfeeding friendly practices and how to triage breastfeeding questions and concerns. Let's work together to make breastfeeding the normative form of infant nutrition in Indiana!

July 1, 2018 Newborn Screening Changes Document

LAST CHANCE

Special Free CME Opportunity: INAAP-Sponsored Registration for the 2018 Indiana Health Advocacy Coalition Conference



INAAP is a proud sponsor of the 2018 Indiana Health Advocacy Conference, and we want you to attend on our dime! As a perk of your membership, don't miss the chance to attend this wonderful conference free of charge! INAAP is able to sponsor 10 members to attend the conference, and spaces will be given on a first come, first served basis.

The 2018 Indiana Health Advocacy Coalition Conference, Celebrating the Contributions of Medical Legal Partnership to Comprehensive Patient Care, will be held Thursday, July 26th 2018, at the Ivy Tech Culinary & Conference Center, 2820 N. Meridian Street, Indianapolis, IN 46208.

The focus of this first annual gathering will be to celebrate the many successes of Indiana's existing Medical Legal Partnerships, share best practices in identifying and addressing the health-harming civil legal needs of diverse patient populations, and inspire new collaborations and innovative approaches to enhancing patient-centered health care in Indiana. Attendees will be able to claim CME credit, and both breakfast and lunch will be served.

You can find the preliminary agenda [HERE](#).

If you are interested in attending, please contact [Chris Weintraut](#).

Peyton Manning Children's Hospital at St. Vincent 19th Annual Pediatric CME Conference



St. Vincent's 19th Annual Fall Pediatric Conference will be held at the Ritz Charles in Carmel, IN on September 26, 2018.

Registration will begin at 7:30 a.m, and presentations will kick off at 8:30 a.m. Topics of discussion for this year's conference include Asthma, Orthopedics, Nephrology, Neuromuscular, Dysmenorrhea, Autism Management, and Infectious Disease. The conference will also feature Dr. Jerry Mendell, Founder of the Clinical Translational Gene Therapy Program at the Research Institute as the Keynote Speaker.

For agenda, CME information, and how to register, please use the button below!

[Conference Information and Registration](#)



Survey: Patients, Smartphones, and You

Doctors at Indiana University are conducting a brief survey on how pediatricians use smartphones to learn about their patient's development. The results will be used as part of research aimed at improving online child health tools. If you are a pediatrician, please participate in our survey today by clicking on the link: <https://is.gd/INAAPProviders>

For more information about the study, please contact Dr. Nerissa Bauer at nsbauer@iu.edu.

INAAP Receives Award of Chapter Excellence at AAP District Meeting

Leadership from INAAP recently attended the AAP District V meeting at the American Academy of Pediatrics headquarters in Itasca, Illinois. The Indiana chapter was recognized with an award of chapter excellence for its efforts over the past year.

Specific efforts of note include a pilot project in Allen County focused on optimizing care for infants born to opiate-exposed mothers, as well as the chapter's efforts related to raising HPV vaccination rates.



INAAP President Dr. Tony GiaQuinta, INAAP Vice President Dr. Emily Scott, and INAAP Executive Director Chris Weintraut



Stay Up to Date with Changes Related to Medicaid Payment and Procedures

As many of you know, there have been numerous changes since January 1, 2017 to how medicaid and managed care is administered in Indiana. INAAP continues to work with state officials to remedy issues that have been identified as a result of those changes, and we want to make sure that all INAAP members know how to keep themselves up to date on news or updates that may be issued by the state.

You can access official notices of new and revised policies, program changes, and information about special initiatives by visiting Indiana FSSA's website. The link is provided below, and all members are encourage to regularly check the website to keep up-to-date with the most recent changes being implemented.

Indiana FSSA
Bulletins

Join Us on Workplace - A Place for INAAP Members to Collaborate

INAAP recently implemented "Workplace," a communication and collaboration platform produced by Facebook. The platform allows members to share thoughts, questions, documents, and other information quickly and easily.

Only INAAP members are permitted to join, so Workplace is the perfect place to bounce ideas off of other pediatricians and nurse practitioners throughout the state. Having those questions and collaborations stored in a central place will also serve as a resource to new members.

We highly encourage INAAP members to join. The platform will be more effective the more members we have involved. If you are interested in joining Workplace, contact Chris Weintraut at cw@inaap.org. He will send you an invitation and get you set up!



Support INAAP Through Amazon Smile

Did you know that you can help support INAAP with every

purchase you make from Amazon? The Amazon Smile program gives a percentage of every purchase back to participating nonprofit organizations, and those donation can really add up during the holiday season. It's just like using Amazon, but with an added philanthropic benefit. Make sure the purchases you would make anyways this holiday season help support INAAP by using the link below!

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