

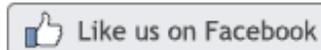


## INAAP Monthly News & Updates

May 2018

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### Letter from the President

Greetings! For those that do not know me, my name is Tony GiaQuinta. I am a general practice pediatrician from Fort Wayne, and I could not be more excited to be your Indiana AAP chapter president.

I'm excited for a number of reasons. Surely, the opportunity to work side by side with like-minded professionals dedicated to the betterment of Indiana's children, selfishly makes me a wiser and more energized pediatrician. But most importantly, this membership gives me the opportunity to be a part of something truly great.

You may have heard the phrase, "you can't whistle a symphony." I can't think of a more appropriate application than our organization's advocacy for children. The last year brought many challenges and threats to Indiana's children: attacks on CHIP, a rising infant mortality rate, and evaporating protections against our vulnerable immigrant population, to name a few. No way could a single voice be heard over the proposed policy changes that would hurt children. But together, our voices and efforts merged into a powerful symphony that was loud and clear.

We witnessed the results nationally as CHIP was reauthorized and the Maternal Infant, and Early Childhood Home Visiting Program (MIECHV) extended. State bills to hinder sex education and loosen gun restrictions were thwarted. Finally, our continued efforts to engage the both social and traditional media on behalf of Indiana's children, were omnipresent.

We continue our commitment to Indiana's children, which is why our board met this past weekend to discuss our goals and strategy for the upcoming two years.

#### Our top priorities include:

- 1) **Working towards Medicaid parity to improve patient access to care, as well as the sustainability of practices who serve Medicaid populations.**
- 2) **Improving the role of pediatricians in reproductive health advocacy.**



- 3) **Initiatives to keep children safe from gun violence.**
- 4) **Legislative advocacy promoting a cigarette tax increase to improve public health funding.**
- 5) **Promoting a statewide, collaborative effort for the care for infants born to mothers with substance use disorder.**

But our biggest priority is the commitment to always put children first. I urge you to take advantage of your INAAP membership! Our meetings bring in experts from around the nation with topic-specific programming. Our very own discussion website and phone app, Workplace (information on how to join included below), allows for cross-region collaboration of ideas, and our monthly newsletter provides news, updates and opportunities for education and involvement.

Together we will accomplish much, and your collaboration with like-minded, motivated child advocates will no doubt leave you inspired and fulfilled. Most importantly, your involvement is important for INAAP's success, which means a better, healthier future for Indiana's children.

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## **ADHD: Stimulant Prescriptions for Children Under Age 6**

Have you written a prescription for a long acting stimulant for a kindergartner this year and had it rejected by the child's Medicaid plan? Wondering why suddenly these are not being covered? INAAP has the scoop for you.

According to Dr. Leslie Hulvershorn, psychiatrist at IU Health and member of the Medicaid Mental Health Quality Advisory Committee (MHQAC), these changes were implemented January 1, 2018. The impetus for this change was a review of Adzenys-XR-ODT. Dr. Hulvershorn tells us:



Dr. Leslie Hulvershorn

A new stimulant to the market, Adzenys-XR-ODT, was approved by the Food and Drug Administration (FDA) only for use in children 6-17, and with different doses approved for different ages. Specifically, from the package insert: "Pediatric patients (ages 6 to 17 years): Starting dose is 6.3 mg once daily in the morning. Maximum dose is 18.8 mg once daily for patients 6 to 12 years, and 12.5 mg once daily for patients 13 to 17 years."

These age-related dosage limitations are in place because of unstable pharmacokinetics in younger children. In reviewing this new agent, the Indiana MHQAC determined that it would be helpful to consistently apply age cutoffs, as determined by FDA approvals, to all psychostimulants. Those medications and the relevant age cut offs are listed in the table linked at the bottom of this article. Given that only the long acting formulations are restricted to children under 6 (vs. 3 and older for the short acting formulations), it was determined that use in that age group would likely be uncommon.

In other words, short acting agents are much more commonly used in children under 6, compared to long acting agents. If prescribers did feel that the use of these longer acting medications in children under the age utilization edit cutoff is warranted, despite limited safety data in this age group, they may request medical necessity review via prior authorization.

For your patients under age 6y in whom you would like to start a stimulant medication, there are liquid and chewable options for kids who cannot swallow a pill. Methylphenidate comes in solution (10mg/5ml and 5mg/5ml) and chewable tablets (2.5mg, 5mg, 10mg) that are both IR forms. Dextroamphetamine comes in a liquid as well (5mg/5ml).

INAAP and OMPP are collaborating to find ways to ensure our members are aware of sweeping changes such as this one in a timely manner. OMPP publishes a newsletter where all medication changes are announced, and you can access that information using the link below article. In addition, INAAP is working on a process to filter this information and better inform you of pediatric specific updates.

[Stimulant Table](#)

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## How to Access Important Updates from Indiana FSSA that Might Affect Your Practice

As many of you know, there have been numerous changes since January 1, 2017 to how medicaid and managed care is administered in Indiana. INAAP continues to work with state officials to remedy issues that have been identified as a result of those changes, and we want to make sure that all INAAP members know how to keep themselves up to date on news or updates that may be issued by the state.

You can access official notices of new and revised policies, program changes, and information about special initiatives by visiting Indiana FSSA's website. The link is provided below, and all members are encouraged to regularly check the website to keep up-to-date with the most recent changes being implemented.

Indiana FSSA  
Bulletins

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## Introducing INAAP's New Board of Directors

INAAP's new leadership cycle began on May 16th, and the new Officers and Board of Directors will serve a two-year term through May 15, 2020. Below is information on INAAP's new leadership team.

### Executive Officers

#### **President - Tony GiaQuinta, MD, FAAP (Fort Wayne)**



Tony GiaQuinta is a primary care Pediatrician practicing in Fort Wayne, and is a lifelong Hoosier. He completed residency at Monroe Carell Jr. Children's Hospital at Vanderbilt University in Nashville, Tennessee, and Medical School at Indiana University. After 5 years of hospitalist medicine at Hendricks Regional Hospital, Tony and his family moved back home to Fort Wayne where his wife, Sarah, serves as the director of the Children's Health Collaborative. Tony and Sarah have two kids, Margaret (3) and Henry (5) and a dog Murray (49). In his spare time, Tony likes to try out new magic tricks on his patients (and kids), and get up to the northern Indiana lakes as much as possible.

#### **Vice President - Emily Scott, MD, FAAP (Indianapolis)**



Emily Scott is a pediatric hospitalist at Riley Hospital for Children and currently works as the medical director of the well newborn unit at IU Health Methodist Hospital. Emily attended medical school at Baylor College of Medicine and moved to Indianapolis for residency at Riley, where she also served as pediatric chief resident. Emily is passionate about promoting evidence based well newborn care. She enjoys teaching families how to care for their new baby and educating residents and medical students on best practices in newborn care. Emily has served as co-chair of the perinatal and infant mortality committee and is currently the chapter breastfeeding coordinator for INAAP. She is actively involved on several projects with Indiana Perinatal Quality Improvement Collaborative and has

presented at a state and national level on neonatal abstinence syndrome, breastfeeding and safe sleep practices. Emily loves library trips and playing outside with her two young children in her spare time.

#### **Immediate Past President - Sarah Bosslet, MD, FAAP (Lebanon)**



Sarah Bosslet has been in practice at Witham Pediatrics in Lebanon since 2008. Dr. Bosslet received her medical degree and pediatrics training at the Ohio State University and Nationwide Children's Hospital in Columbus Ohio, and was a chief resident at Nationwide. She has worked with INAAP on unassigned epinephrine legislation and implementation, as well as formulary issues over the past several years. In 2017 she spearheaded training primary care physicians to implement fluoride varnish application and oral health care for their pediatric patients who do not have access to a dentist. She and her husband Gabe, a pulmonologist, have four school aged children and a dog.

**Secretary/Treasurer - Meagan O'Neill, MD, FAAP (Indianapolis)**



Meagan O'Neill is an Indiana native. She completed her undergraduate degree at Vanderbilt University in Nashville, Tennessee, and her medical school, residency and chief resident year at IU School of Medicine. She sees patients at the Riley Primary Care clinic, where she has served as medical director since 2016. She also serves the Riley Physician advisor to the school nurses at two local school districts. Her areas of clinical interest include asthma management and effective primary care for medically complex children. Her teaching interests include quality improvement education for residents as well as facilitating adoption of evidence-based asthma guidelines for primary care pediatricians throughout the state.

**Executive Director - Chris Weintraut, JD (Indianapolis)**



Chris Weintraut has served as the Executive Director for the Indiana Chapter of the American Academy of Pediatrics since March 2016. Chris oversees all of the programs, committees, grants, programming, and education put on by the chapter, and also spearheads its advocacy efforts at both the state and national level. Prior to joining INAAP, Chris was an Associate Attorney at Brattain Minnix Garcia where his practice encompassed several areas including business services, corporate law, and juvenile law. Chris received his J.D. from Indiana University McKinney School of Law, and his B.A. from Purdue University in West Lafayette. Chris has also volunteered as

a "Big" with Big Brothers Big Sisters of Central Indiana since 2013. He lives in Indianapolis with his wife, Lauren and their dog, Watson.

## **Board of Directors**

**Heather Wolfe, MD, FAAP** (Fort Wayne) - North Region Representative

**Camille Smith, MD, FAAP** (Fort Wayne) - North Region Representative

**Marshall Criswell, MD, FAAP** (West Lafayette) - Central Region Representative

**Jaime Stelzer, MD, FAAP** (Anderson) - Central Region Representative

**Paula Gustafson, MD, FAAP** (Shelbyville) - South Region Representative

**Cynthia Nassim, MD, FAAP** (New Albany) - South Region Representative

**Carolyn Lytle, MD, FAAP** (Indianapolis) - Membership Chair

**Sarah Stelzner, MD, FAAP** (Indianapolis) - Advocacy and Government Affairs Chair

**Katie Swec, MD, FAAP** (Indianapolis) - Early Brain and Childhood Development Chair

**Cynthia Robbins, MD, FAAP** (Indianapolis) - Preventive Health Chair

**Pat Clements, MD, FAAP** (Indianapolis) - Perinatal and Infant Mortality Chair

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## INAAP Spearheads Effort to Raise HPV Vaccine Rates of College Students



Kate Hannaford talking to Fox 59 about the bathroom stall posters created for the project

Two INAAP members - Kate Hannaford, a MD/MPH student at the Richard M. Fairbanks School of Public Health, and Dr. Cynthia Robbins, INAAP's Preventive Health Chair, are leading an effort to raise HPV vaccine rates on the campus of IUPUI.

Kate and Dr. Robbins worked with INAAP to secure grant funding for the program, and INAAP now manages the project. The project is also supported by Campus Health director Dr. Stephen Wintermeyer, health communication professor Dr. Katharine Head, the Indiana State Department of Health, and the Indiana Immunization Coalition.

As the Association of Schools & Programs of Public Health [writes](#): "The project seeks to change the culture of HPV vaccination at IUPUI by educating students about the risks of this infection and encouraging them to get vaccinated. One phase of the campaign involves using posters, presentations and other forms of marketing to empower students to take control of their own health with the aim of educating students about HPV and the HPV vaccine. The other phase of the campaign, supported by IUPUI Student/Campus Health, is providing free HPV vaccinations to every IUPUI student that falls into the recommended age group. The HPV vaccine, which requires three doses, is approved for ages 9 to 26, putting many IUPUI students within the window of opportunity."

The program will continue in the fall with a push during student orientation, and if the program is successful, it will be replicated at other college campuses.

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## 2018 INAAP Annual Meeting and Awards Dinner

INAAP's Annual Meeting was held on Wednesday, May 16th in downtown Indianapolis. This year's four award winners were announced and honored, and the new Board of Directors was officially installed.



**The Edwin L. Gresham Award for Advancing the Care of Newborn Infants**  
Winner: Kim Schneider, MD, FAAP



**The Irving Rosenbaum Award for Distinguished Service**  
**Winner: Emily Sherer, MD, FAAP**



**The INAAP Community Service Award**  
Winner: State Representative Ed Clere



**The Virginia M. Wagner Lifetime Achievement Award**  
Winner: Rick Reifenberg, MD, FAAP



## July's INAAP Member Meeting: Early Childhood Development

July's in-person meeting will focus on early childhood development, and will include two speakers who will discuss different aspects of the topic.

[Dr. Emily Sherer](#) will present information on the Help Me Grow program, which aims to help states, communities, and practices leverage existing resources to ensure communities identify vulnerable children, link families to community-based services, and empower families to support their children's healthy development.

[Dr. Paula Gustafson](#) will then present information on a child development program recently

help me



implemented at her own practice, and how others can replicate the model.

Finally, there will be time reserved at the end of the presentation for questions and discussions.

The meeting will be held at the Joseph Maley Foundation, 7128 Lakeview Pkwy W Dr, Indianapolis, IN 46268 on Wednesday, July 18th at 6:00 pm. Dinner is provided, and the meeting is free to INAAP members. Use the link below to RSVP today!

July 2018  
Member Meeting

## Join Us on Workplace - A Place for INAAP Members to Collaborate

INAAP recently implemented "Workplace," a communication and collaboration platform produced by Facebook. The platform allows members to share thoughts, questions, documents, and other information quickly and easily.

Only INAAP members are permitted to join, so Workplace is the perfect place to bounce ideas off of other pediatricians and nurse practitioners throughout the state. Having those questions and collaborations stored in a central place will also serve as a resource to new members.

We highly encourage INAAP members to join. The platform will be more effective the more members we have involved. If you are interested in joining Workplace, contact Chris Weintraut at [cw@inaap.org](mailto:cw@inaap.org). He will send you an invitation and get you set up!



## Support INAAP Through Amazon Smile

Did you know that you can help support INAAP with every purchase you make from Amazon? The Amazon Smile program gives a percentage of every purchase back to participating nonprofit organizations, and those donation can really add up during the holiday season. It's just like using Amazon, but with an added philanthropic benefit. Make sure the purchases you would make anyways this holiday season help support INAAP by using the link below!

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