



INAAP Monthly News & Updates

May 2017

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Letter from the President

On May 18th, INAAP members gathered in downtown Indianapolis for the annual luncheon. This is a time when we honor members who have contributed in a special way to pediatric healthcare in Indiana. In addition, we review accomplishments from the past year and look ahead to what is planned for the year to come.

This year, we were inspired by the stories of five amazing clinicians: Shelley King, CPNP, and Drs. Emily Scott, Cynthia Nassim, Debra McDaniel, and Dick Malone.



If you couldn't join us last week, plan to attend next year. The luncheon is a terrific way to get connected with other pediatricians and recharge your own passion for pediatrics.

I also want to direct your attention to our article on Indiana Medicaid formularies and other concerns. We have heard from an astounding number of members about the problems that have occurred since January 1st. Please continue to send us your stories and struggles so that we can raise a strong voice to address these concerns.

I wish everyone a wonderful summer of rest, sunshine, and sports physicals. Look for information coming soon about a social media storm on June 2nd and plan to wear your orange that day to support gun safety for children!



INAAP Awarded Healthy People 2020 Grant to Pilot NAS Program in Allen County

On Tuesday, May 23rd, the American Academy of Pediatrics announced that INAAP will be one of five chapters across the country to receive \$20,000 in funding for its Healthy People 2020 Grant proposal.

INAAP's proposal focuses on developing a standard of care for when babies born with neonatal abstinence syndrome (NAS) leave the hospital.

INAAP will partner with the Indiana State Department of Health, the Department of Child Services, and the Indiana Perinatal Quality Improvement Collaborative (IPQIC) on the project. The program will be piloted in Allen County, Indiana, with the eventual goal of distribution across Indiana.

Free Adolescent Immunizations Seminar and Fluoride Varnish Training - Friday June 30th at Purdue University



RSVP Deadline June 23rd.

INAAP will be hosting an adolescent immunization seminar on Friday, June 30th at Purdue University in West Lafayette, Indiana.

The seminar will address a broad range of topics relating to adolescent immunizations, with a focus on how to make a strong recommendation for the HPV vaccine. Other areas of focus will include: epidemiology, issues related to vaccine avoidance, and ways to improve compliance with vaccine schedules, discussion of vaccines in the adolescent platform, and updates on vaccines in development. Participants can earn 20 MOC part II Points and 2 hours of CME.

INAAP will also be providing an optional session on fluoride varnish. Get trained to provide fluoride varnish in your practice, and get all the information on billing and reimbursement.

A flyer for the seminar, along with the full course description is available [HERE](#).

Registration is free, but RSVP is required. To RSVP, email Chris Weintraut at cw@inaap.org.



Rick Reifenberg, MD, FAAP on the Importance of Lead Screening

While lead toxicity in children is fortunately much less common than in the past, this article is a reminder to all of us that this very real problem still exists. The well-publicized cases in Flint, Michigan and East Chicago, Indiana are recent and nearby examples that we must remain vigilant on behalf of the children we serve.

Remember that lead poisoning is the #1 preventable disease condition in young children that can permanently damage the child's developing brain and other organ

systems. The AAP and CDC both agree that there is NO SAFE LEVEL of Lead Exposure for children.

In the 2015 Childhood Lead Surveillance Report by the ISDH ([available here](#)), the lead poisoning rates at the 10µg/dL and over range have increased by 2 children per 1,000 tested compared to the year prior. Unfortunately, the overall rate of lead screening in Indiana remains very low ("7% of all Hoosier children were screened for lead poisoning in 2015" per the report).

Another concerning item recently published in Pediatrics is that in the majority of states that do lead reporting, including Indiana, it is estimated that pediatric care providers identified fewer than 50% of their children with elevated blood lead levels (defined in the study as ≥ 10.0 µg/dL). [read more here](#).

The Family and Social Services Administration (FSSA) mandates that children with Medicaid insurance should have blood lead screening done at a minimum at 12 months and 2 years of age. Don't assume every at risk infant and toddler is automatically being screened by WIC. If you don't have a copy of the actual lead test results (often available online on CHIRP in the left chart panel) then please consider doing your own lead screening.

An excellent resource for lead screening, including coding and billing guidance, is the online FSSA manual [available here](#) (starting on page 29). Some highlights from this source are:

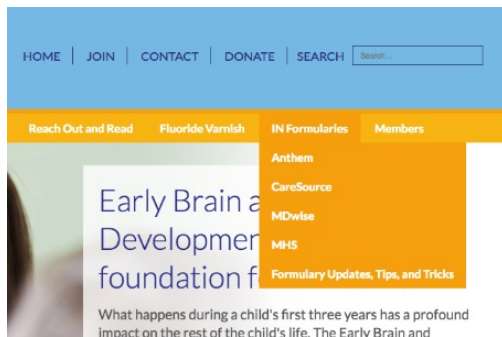
- Screening for blood lead toxicity for all children enrolled in Medicaid is a federal requirement. The FSSA requires that all children enrolled under Medicaid receive a blood lead screening test at 12 months and 24 months of age.
- If the member is at high risk for lead exposure at the 6-month visit or the 9-month visit, a screening should be performed earlier.

- Children between the ages of 36 months and 72 months of age must receive a blood lead screening if they have not been previously tested for lead poisoning.
- A blood lead test result equal to or greater than 5 ug/dl obtained by capillary specimen (fingerstick) must be confirmed using a venous blood sample. Subsequent screenings are required for at-risk patients."

Children at higher risk for lead exposure include some of these:

- Children living in housing constructed prior to 1978 who may be exposed to lead pipes or lead-based paints; exposure to well water; or living near heavy industrial sites (e.g. Northwest Indiana).
- Children with a previously elevated blood lead level or with signs and symptoms of lead poisoning .
- Children with high incidence of hand-to-mouth activity, such as thumb sucking or nail biting; children with a history of pica.
- Children with poor nutritional status (increased fat, decreased calcium, iron, and other nutrients), predisposing them to enhanced lead absorption in the intestines.
- Exposure to reclaimed wood and wood products, even those that have been abated, is a new and emerging surprising source lead exposure.

Remember that all of us who provide medical care for children have the responsibility ensure lead screening has been performed when appropriate for our patients. As Co-chair of the INAAP Preventive Health Committee, please contact me (rreifenb@iuhealth.org) if I can help answer any questions about this subject for you. Rick Reifenberg MD, FAAP.



Formulary Update, Tips & Tricks

On Thursday, March 23rd, INAAP leadership met again with Indiana Medicaid to try and address issues with the formularies that went into effect on January 1, 2017. In addition to ongoing meetings with Indiana Medicaid, INAAP has taken other steps to try and help members navigate the new process.

First, the formularies for all four manage care providers in Indiana are now available straight from the home page of INAAP's website. The formularies will be updated monthly, and should provide easier access to each list. Additionally, INAAP has posted a document detailing its current efforts with Indiana Medicaid, as well as "tips & tricks" on how to navigate some of the specific problems that have arisen since January. The list is meant to be a "living document," and will be updated as INAAP learns new information. If you have any questions, or if you'd like to include something on the "tips & tricks" sheet, please contact Chirs Weintraut at cw@inaap.org.

[INAAP Website](#)

June Committee Meetings - Get Involved from Anywhere in the State

Starting in June INAAP will start holding our child-health committee meetings via teleconference. This is based on feedback received as part of our 2017 Member Survey which indicated 70% of members would prefer a teleconference format.



Moving from an in-person meeting structure to teleconference will increase flexibility, and will (most importantly) allow members from anywhere in the state to be full participants in the important work being done across our three committees. Each committee will still plan to have 1 or 2 in-person meetings throughout the year.

If you haven't been involved in one of our child-health committees before due to distance or the timing of the meetings, now is the perfect time to join! Information on the three committees is as follows:

Early Brain & Childhood Development

Chair: Katie Swec, MD, FAAP, kathleenswec@gmail.com (chair)

Next Meeting: Tuesday, **June 13th at 12:10 pm**

Perinatal and Infant Mortality

Tony GiaQuinta, MD, FAAP, indypeddoc@gmail.com (co-chair)

Emily Scott, MD, FAAP, escott1@IUHealth.org (co-chair)

Next Meeting: **Thursday, June 15th at 12:00 pm**

Preventive Health

Rick Reifenberg, MD, FAAP, rreifenb@IUHealth.org (co-chair)

Cynthia Robbins, MD, MS, FAAP cyrobbin@iu.edu (co-chair)

Next Meeting: **Wednesday, June 21st at 6:00 pm**

Teleconference Information for all committees will be the same, and is included below. If you want to learn more about the work being done by each committee, feel free to call and listen in! You can use either your computer (with mic and speakers) or your phone.

Teleconference Information:

Using a computer: <https://www.uberconference.com/inaap>

Using a phone: Dial-in number: 857-216-4676, PIN: 52460



INAAP's New Fluoride Varnish Training Now Available at www.inaap.org

INAAP is pleased to announce that it has developed a fluoride varnish training video that has been approved by Indiana Medicaid and that is now available through the INAAP website. Watching the training video will provide you and you with everything

you need to know to successfully implement fluoride varnish into your practice.

The 17-minute training video is only available to INAAP members. If you would like to access the video but do not have your log-in information for the website, please contact Chris Weintraut at cw@inaap.org.

[INAAP Fluoride Training Video](#)

INAAP Annual Award Winners

In Thursday, May 18th, INAAP hosted its annual luncheon at the NCAA Hall of Champions in Indianapolis, Indiana. The winners of INAAP's four annual awards were recognized, and were invited to speak to the group about their work.

The winners of the annual awards were as follows:

The Edwin L. Gresham Award for Advancing the Care of Newborn Infants

Winner: Emily Scott, MD, FAAP

After the death of Ed Gresham, the Father of Neonatology in Indiana, the Indiana Chapter of the American Academy of Pediatrics thought it fitting to recognize those individuals who make significant contributions in perinatal medicine. Nominees for this award should have



demonstrated a significant contribution to the care of newborn infants over the past calendar year.

The Irving Rosenbaum Award for Distinguished Service

Winner: Cynthia Nassim, MD, FAAP

Each year, the Indiana Chapter of the American Academy of Pediatrics recognizes a physician in Indiana for distinguished service to children. This award is named in honor of Dr. Irving Rosenbaum, one of Indiana's most distinguished pediatricians. Nominees for this award should have demonstrated an outstanding contribution to the field of pediatrics in Indiana over the past calendar year. Preference will be given to nominees who have helped further issues that align with INAAP's current goals and objectives.

The INAAP Community Service Award

Winner: Shelly King, CPNP

The INAAP Community Service Award is a means by which the Indiana Chapter of the American Academy of Pediatrics recognizes a person in the community who is not a pediatrician but who has made significant contributions to the welfare of Indiana's children.

The Virginia M. Wagner Lifetime Achievement Award

Winners: Debra McDaniel, MD, FAAP and Dick Malone, MD, FAAP

First presented in 1994, this memorial award recognizes service to children over the course of a career. The award is limited to members of Indiana Chapter of the American Academy of Pediatrics, and should recognize an individual who has demonstrated continued dedication to child health issues through a variety of avenues throughout the course of a career.



FOUNDATION

Witham Health Services Raises Nearly \$40,000 to fund new Reach Out and Read Site in Boone County, Indiana

Over 300 people attended the With Health Services Foundation Gala on Saturday, May 20th at the Renaissance Hotel North in Carmel, Indiana.

Each year the gala aims to raise money for a specific purpose, and this year Reach Out and Read was chosen as the beneficiary. Witham estimates that it will give out nearly 3,000 books per year as part of the program, at an annual cost of around \$16,000. Saturday's event will help fund the program for years to come.

To learn more about Reach Out and Read and how you can start a program in your own practice, please visit the link below.

[Reach Out and Read Indiana](#)



Infant Mortality Fact Sheet

The most recent infant mortality numbers (2011-2015) are now available for the State of Indiana. Use the link below to see the most up-to-date information, as well as a breakdown of the numbers by region, county, and zip code.

[Infant Mortality Fact Sheet](#)

Social Event: JMF 5K!

Join INAAP on Saturday, July 15th for a day of fun, and to help support our good friends at the Joseph Maley Foundation.

Start and finish on the Michael A. Carroll Stadium Track at IUPUI, and run through the streets of scenic downtown Indianapolis while supporting the Joseph Maley Foundation mission, "serving children of all abilities."

Use the link below for more information on the race. Please also feel free to join in the fun and meet other INAAP members, even if you don't wish to partake in the race itself.



[JMF 5k Information](#)



INAAP Members Attend AAP Legislative Conference

INAAP members Sarah Stelzner, Noemi Adame, Jim Bien, and Goki Pillai had the opportunity to attend the American Academy of Pediatrics' 2017 Legislative Conference that ran from April 23-25.

They joined more than 220 pediatricians on Capitol Hill to urge members of Congress to extend funding for the Children's Health Insurance Program (CHIP) and to keep Medicaid strong.

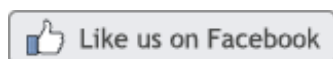
As part of their visit, they met with Senator Todd Young to discuss critical health care issues facing Indiana's children.



Reminder on the Importance of Social Media

Over the past year, INAAP has made a concerted effort to increase the quality and scope of its social media messaging. We are now posting a variety of information for both practitioners and families on a daily basis. INAAP currently utilizes both Facebook and Twitter, but needs your help to spread our message. If you haven't done so already, we encourage you to use the links at the bottom of this article to like us on Facebook and follow us on Twitter. The more followers we have, the more effective we can be at spreading our message.

STAY CONNECTED:



Support INAAP Through Amazon Smile

Did you know that you can help support INAAP with every purchase you make from Amazon? The Amazon Smile

program gives a percentage of every purchase back to participating nonprofit organizations, and those donation can really add up during the holiday season. It's just like using Amazon, but with an added philanthropic benefit. Make sure the purchases you would make anyways this holiday season help support INAAP by using the link below!

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