



Adolescent Suicide Watch

Every year, more than 400 children 17 and under die by suicide with a gun. Further, Indiana has the 3rd highest rate of high school students who consider suicide. Below are signs you can look for that might indicate someone is contemplating suicide.

PERSONALITY CHANGE

- ✓ You may notice sudden or gradual changes in the way someone typically behaves

AGITATION

- ✓ You may notice the person is uncharacteristically angry, anxious, agitated, or moody

WITHDRAWAL

- ✓ You may notice a marked change in someone's typical sociability and increased isolation

POOR SELF CARE

- ✓ You may notice a change in the person's level of personal care or engage in self-destructive behavior

HOPELESSNESS

- ✓ You may notice that someone who used to be optimistic now can't find anything to be hopeful about

National Suicide Prevention Lifeline
1-800-273-8255