

INAAP'S MAY ANNUAL MEETING OVERWHELMING SUCCESS

INAAP held its Annual Meeting in Indianapolis on May 30, in conjunction with the Riley 48th Annual Pediatric Conference in downtown Indianapolis.

The meeting is held to update INAAP membership about important issues and the successful work of the Chapter during the previous year. Over 60 INAAP members, awardees, and invited guests attended the luncheon event.

INAAP President, Carolyn Lytle, MD, presided over the meeting; Nancy Swigonski, MD, INAAP Vice President oversaw the Chapter's Award Presentations; Louise Tetrack, MD INAAP Treasurer gave the treasurer's report and discussed Chapter finances; and Chapter Secretary, Sarah Bosslet, MD gave an update on INAAP membership recruitment activities.

INAAP Legislative Chair, Joe O'Neil, MD and INAAP lobbyist Charlie Hiltunen gave an overview of the legislative issues facing pediatricians in Indiana. (See page 6 for photos from the meeting)



*Dr. Maggie Blythe (right) with Dr. Mary Ott at
INAAP Annual Meeting Award Presentation*

INAAP PRESENTS ANNUAL AWARDS

As part of the Annual Meeting, INAAP made presentations of its four Annual Awards:

The Irving Rosenbaum Community Pediatrics Recognition Award for distinguished service to children: Awarded to Sarah Stelzner, MD.; nominated by Dawn Haut, MD (See photo on Page 5)

The Edwin L. Gresham Award for advancing the care of newborns: Awarded to Mary Jo Stine, MD; nominated by Richard Reifenberg, MD (See photo on Page 4).

The Community Service Award for significant contributions to the welfare of children: Awarded to Covering Kids and Families of Indiana, Inc.; nominated by Sarah Stelzner, MD. (See photo on page 3)

The Virginia Wagner Memorial Award to recognize service to children: Awarded to Margaret (Maggie) Blythe, MD.; nominated by Mary Ott, MD (See photo above)

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INAAP DISCUSSES SUCCESSES

Also at the INAAP meeting, Chapter leadership shared the Chapter's recent successes; including grant award successes. These included the following CATCH Grant Awards which were announced by INAAP CATCH Grant Facilitators, Patricia Treadwell, MD and Paul Rider, MD.

2013 CATCH Grants

Co-grantees: Nathan Fleming, MD; Megan S McHenry, MD - Indianapolis, IN *Prescription Health Literacy for Burmese-Chin Families* - Resident grant

Suyog Kamatkar, MBBS, MS —Indianapolis, IN *Interventions to Improve Sexual Health Among Hispanic Youth of Indianapolis* - Resident grant

Jennifer Hartwell, Columbus, IN - *Southeastern Indiana Obesity Prevention Program*, CATCH implementation grant

Congratulations CATCH Grant Award Winners!

(Read More About INAAP's Annual Meeting *See Annual Meeting* on Page 4)



NEWS FROM AAP DISTRICT V

By Marilyn J. Bull, M.D. FAAP & AAP District V

CHALLENGES OF WARMER TEMPERATURES

Have you thought about how the imminent change of weather in our temperate climate affects your practice?

Does the focus of your patient discussion change from fever and influenza to anticipatory guidance about the events of summer?

I would propose that it should and that you might like to consider some of the risks and hazards that will accompany our children as they venture more out into the world in the weeks ahead.

First, the vehicle miles traveled will increase significantly and it is important to provide the anticipatory guidance that infants and young children should ride rear facing in car seats to the highest weight or height allowed by the manufacturer of a convertible seat (usually 35-40 pounds). Just having a medical caregiver say, ***“Children are 500 % less likely to die or have serious injury in the second year of life when rear facing than forward facing”*** can make a huge difference to a parent. Using seats with full harnesses as long as possible and booster seats to 4’9” is also important advice and do not forget the teens behind the wheel and urging parent involvement in the early driving experiences. (*See Challenges* continued on next page.)

Challenges (con't)

Deaths and injuries in and around cars including backovers as toddlers become mobile and hyperthermia/heat stroke when children are forgotten or “left for just a minute” in cars also escalate in summer months. Do you know that the temperature in even a partially closed vehicle can reach 125 degrees Fahrenheit in minutes?

This is also the season for opening pools and going to the beach. Parents must ensure close “touch supervision” in the pool and use of personal floatation devices whenever in or near the water. Avoidance of the tragedy of a drowning or near-drowning is something for which you most likely will not be thanked, but about which only you will know when the counseling has been provided.

Cycling is wonderful exercise for our youth and reminding parents and young people that 70 % of bike fatalities occur from head injuries and that helmets worn correctly are 85% effective for prevention of head injury is another important message for this time of year. Helmet use starting with tricycles to establish consistency of behavior is also important to emphasize.

Anticipatory guidance is expected, appreciated and heeded by families and caregivers. The concern of a pediatrician is a strong and effective message. Resources to help you provide the best messages possible are found in Bright Futures, Healthychildren.org and AAP.org.

I leave you with a reminder to watch for the announcements about upcoming registration for the AAP National Conference and Exhibition 3013. The kickoff event will be a Peds 21 pre-conference program on October 25, 2013 that will address the critical topic of Early Brain and Child Development. This and a packed NCE Program are not to be missed.

Have a wonderful summer!

Marilyn Bull, MD
District V Chair



*David Roos (left) with Dr. Sarah Stelzner, MD
at INAAP Annual Meeting
Award Presentation*

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Annual Meeting (con't)

Our INAAP Chapter has secured three other grants this year and received one honorable mention for its innovation and creativity. New chapter grants include:

1. Educational Grant: Richmond Center
2. Educational Grant: Fetal Alcohol Syndrome
3. Mentoring Grant: Used for a breakfast for residents and medical students at Annual Meeting

Healthy People 2020 Grant – INAAP proposed an educational outreach about Toxic Stress

REORGANIZATION OF INAAP PEDIATRIC COUNCIL

Also announced at the INAAP annual meeting was the reorganization of our Chapter's Pediatric Council.

Edward Liechty, MD a member of INAAP recently agreed to Chair INAAP's Pediatric Council when Jeb Teichman, MD was ready to step down.

INAAP's Pediatric Council serves as a forum for Indiana's pediatricians to discuss payer concerns including covered services, plan policies and administrative procedures, which impact access, quality, efficiency of treatment and payment.

Other AAP chapters all across the country have developed pediatric councils to foster enhanced communication with payers. Pediatric councils serve as a forum to identify issues, discuss the impact of managed care policies and practices on the provision of pediatric care, and share ideas for resolution of issues between pediatricians and payers. These meetings do not focus on fee schedules and payment rates, but address issues that affect payment such as covered services, plan policies, coding policies, and administrative procedures.

The first edition of INAAP's Pediatric Council News, a bi-monthly newsletter for INAAP members to about payment and reimbursement issues and concerns was distributed at INAAP's Annual Meeting. To read a copy of the newsletter, [click here](#).



Dr. Mary Jo Stine, MD (right) with Dr. Carolyn Lytle, MD at INAAP Annual Meeting Award

Would you like to join INAAP's Pediatric Council? Or, do you have an issue or concern that you would like to bring to the attention of the Pediatric Council? Please contact INAAP's Executive Director, Jean Caster at jcaster@inaap.org; or by calling 317/586-0732.

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Support and Identification of Military Families and Children

Did you know that Indiana has the fourth largest number of National Guard and Armed Forces Reserve members in the country? Did you know that there are well over 21,000 children in Indiana who have been affected by the deployment of a parent?

Most of these military-connected children and their families are served by you, civilian pediatricians here in Indiana. There is a very good chance that you have at least a few children in your practice who are either currently experiencing the deployment of a parent, or who are working to adjust after a parent has returned from a deployment. Even if you have little or no experience with the military or life during and after deployment, you can help these children tremendously!

In celebration of April as the Month of the Military Child, two members of the Indiana Chapter of the American Academy of Pediatrics Katie Swec, MD and Katie Johnson, MD have worked to develop a list of resources for you to better serve your military-connected families.

Many military families are extremely resilient in the face of the many challenges that they experience before, during, and after the deployments of their loved ones. We also recognize, however, that military-connected children encounter many toxic stressors:

- Increased risk for child maltreatment
- Increased risk for behavioral and stress disorders
- The cumulative effect of parental combat deployment on children that remains even AFTER the deployed parent returns home
- Children from reserve component families:
 - * Identify more difficulties with parent readjustment after that parent returns
 - * Report more trouble interacting with peers and teachers, who have limited understanding of their deployment experience

The following resources have been designed to assist you in identifying and supporting military connected families in your practice:

Dr.. Sarah Stelzner (right) with Dr. Dawn Haut at INAAP Annual Meeting Award Presentation



- Identification Questionnaire ([Click Here to view Questionnaire](#))
 - ⇒ Intended to be reproducible so that you can tailor it to the needs of your practice; incorporated into your EMR or administered to your patients at check-in by your reception staff
- A Military-Connected Family Resource Guide ([Click Here to View Resource Guide](#))

To Learn More about Military Family Support and Identification ([Click Here to Learn More](#))

News From INAAP's Chapter Champion on Breastfeeding

Kinga A. Szucs, MD, FAAP, FABM, IBCLC , INAAP's Breastfeeding Chapter Champion recently alerted us that she had an article published in the June, 2013 issue of *Pediatrics* on Family-Centered, Evidence-Based Phototherapy Delivery. See the published article by [clicking here](#).

Also, Dr. Szucs shared that she had received a notice from the AAP, that the AAP policy statement she co-authored, *Breastfeeding and the Use of Human Milk* was the #1 most read in 2012. Read that article by [clicking here](#). Nice work Dr. Szucs!

Upcoming Events

July 17, 2013—5:30 p.m. to 7:00 p.m.— INAAP Board Meeting at Witham Hospital, Lebanon, IN - Open to all INAAP members and invited guests.

Sept/Oct 2013—(Date and Time to be determined) - INAAP Legislative Forum—Open to INAAP Members and invited guests

November 20, 2013—5:30 p.m. to 7:00 p.m.— INAAP Board - Open to all INAAP members and invited guests. Location to be determined.



Dr. Joe O'Neil (right) and Charlie Hiltunen discuss legislative priorities at Annual Meeting



Dr. Carolyn Lytle talks with residents at Mentoring Breakfast at INAAP Annual Meeting



Drs. Marilyn Bull and Sarah Stelzner with Blanca Horta, visiting pediatric resident from Mexico at NAAP Annual Meeting



Dr. Marilyn Bull talks with residents at Mentoring Breakfast at INAAP Annual Meeting