



## INAAP Monthly News & Updates

December 2016

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### Letter from the President

While I have many reasons to be thankful this holiday season, on the top of my list today is the fact that fluoride varnish application will now be paid by Medicaid in Indiana! Be sure to check out the article below for more detailed information on this topic.

Thank you to the many pediatricians and our pediatric dentistry liaison that all advocated for this change. In November we held a meeting to discuss training options, payment recommendations, and ways to coordinate with local dentistry practices. Stay tuned for periodic updates on this subject.

Wondering if your practice should be applying fluoride varnish? The answer is yes! **All** children should receive fluoride varnish every 6 months from eruption of their first tooth. Those with concerns for decay or significant risk factors should be referred to a pediatric dentist. The supervising physician should be trained using the PACT program through national AAP; however, any staff member who is shown proper application technique can do the actual varnish application.

If a child already sees the dentist for fluoride varnish, then they should remain in their pediatric dental home. Any child who has not established care with a dentist (and received fluoride varnish application) should receive this from their pediatrician until they transition to the dentist.

There are still questions left to answer on this subject, and INAAP is here to help. Please contact us with feedback and questions as your practices begin the process.

Fluoride Varnish Application coverage is a big win for the children of Indiana. Mark your calendars to join us as we advocate in January on another important topic - access to high quality Pre-K for all Indiana children. Join us at our Day at the Statehouse where we will connect with All IN 4 Pre-K to emphasize the importance of early childhood education with our legislators. Your voice as an expert on child health is valuable to this effort. Mark your calendars for Wednesday January 25<sup>th</sup>. We look forward to seeing you there!



### Upcoming Meetings

The best way to get involved as an INAAP member is to attend one of our monthly in-person meetings.



Meetings are held on the third Wednesday of every month at 6:00 pm. Meetings take place at the Joseph Maley Foundation, 7128 Lakeview Parkway West Drive, Indianapolis, IN, 46268.

Meetings during odd-numbered months focus on business and updates for the organization, and meetings during even-numbered months focus on the work being done by our committees. Meetings are a perfect way to get to know fellow INAAP members and get involved in an area that interests you.

[Full Upcoming Meeting Schedule](#)

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## Reimbursement for Fluoride Varnish Application Coming in 2017

Effective January 1, 2017, the Indiana Health Coverage Programs (IHCP) will cover physician-administered topical fluoride varnish. Coverage applies to all IHCP programs, subject to limitations established for certain benefit packages.

Coverage applies to dates of service (DOS) on or after January 1, 2017.

Physician-administered topical fluoride varnish is a preventive procedure. Coverage is limited to the time of first tooth eruption until the age of 4. Topical fluoride can include varnish, gel, or foam. Coverage requires the service be provided by or under the supervision of a physician. For more details, including training requirements, see the flyer linked below.

[Fluoride Varnish Application Information](#)

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## Advocacy Day at the Indiana Statehouse - January 25th

INAAP is excited to announce that we will be joining other advocates for high quality pre-k from across the state for an advocacy day at the Indiana Statehouse on Wednesday, January 25th. This event is hosted by All IN 4 Pre-K, and will give INAAP members a chance to meet with their elected officials and talk to them about why high quality pre-k is so important for Indiana's children. As pediatricians, it is vital that we provide a medical perspective for legislators to consider as they shape possible expansion of pre-k in Indiana.



The event will include training on how to talk with elected officials, a public rally, and small group meetings with legislators and staff. Lunch will also be provided. A full agenda, as well as an electronic registration form is available below. If you plan to attend, please register through the link below, and also send Chris Weintraut an email at [cw@inaap.org](mailto:cw@inaap.org) to let us know you plan to attend. We will send out additional information on coordinating our efforts as the day approaches.

[Advocacy Day at the Statehouse Registration](#)

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## Sign Up to be "Physician of the Day" during the 2017 Legislative Session

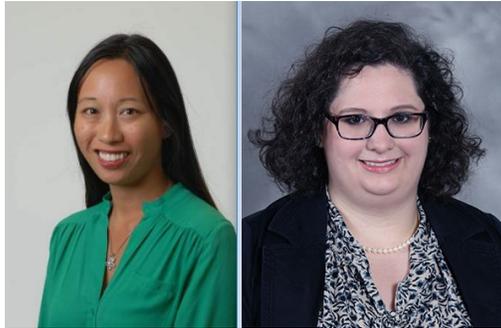
The Indiana State Medical Association Sponsors the "Physician of the Day" program each year during Indiana's Legislative Session. The program allows Indiana physicians to treat minor ailments of state legislators and their staff, while at the same time gaining an insider's view of the legislative process.



This is a fun opportunity that is open to INAAP members. If you are interested, please see the flyer linked at the bottom of this article for more information. If you decide to sign up, please also let us

[Physician of the Day Form](#)

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## **INAAP members Drs. Nerissa Bauer and Michelle Curtin Write on the Principles of Positive Parenting**

Dr. Bauer and Dr. Curtin, along with Dr. David Childers, recently published an article on the important role pediatricians play in helping to develop positive parenting techniques. They write

that "[c]linicians can help families by talking early and often about the central role [parents] play in their child's learning and development by modeling positive parenting techniques."

Use the link below to read the full article, available through AAP Publications.

[Principles of Positive Parenting](#)

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## **Register Now - 2017 Riley Pediatric Conference and INAAP Annual Luncheon**



INAAP will once again be hosting its Annual Luncheon as part of the Riley Pediatric Conference. The dates for next year's conference are May 17-18, 2017. The INAAP Luncheon will take place on the second day of the conference, Thursday, May 18th. Register now to join us and hear from our annual award winners, as well as get caught up on exciting INAAP news and updates.

Additional information and registration is now open through the links below. We hope you will join us in May!

[Conference Information](#)

[Registration](#)

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## **INAAP Signs on to "Raise It for Health" Campaign**

INAAP is proud to be a part of the "Raise It For Health" campaign, which advocates for an increase to Indiana's tobacco tax. Increasing the price of cigarettes is one of the most effective ways to decrease smoking rates in Indiana, especially among youth. The Raise It for Health campaign is seeking to raise the cigarette tax by \$1.50 per pack to save lives.

To learn more about why raising the tax is so important, visit the link below.

[Raise It for Health Campaign](#)



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## **Webinar Archive - Updates in Meningococcal B and Other Vaccine Hot Topics**



Were you unable to attend the December 9th webinar "Why Aren't We Preventing the Preventable: Updates in Meningococcal B and Other Vaccine Hot Topics?" There's still time to listen to the archived version and receive CME credit. Use the link below to go directly to the activity. Please note that you will have to set up a free account to access the webinar. If you have

questions, please contact [cme@bu.edu](mailto:cme@bu.edu).

[Archived Webinar](#)

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## Upcoming AAP Webinar - Recognizing Microcephaly and other Presentations of Zika Virus

Join AAP on Tuesday, January 10th at 2:00pm ET for this important webinar. Over the past year, congenital Zika virus syndrome has captured the attention of the world because of the devastating effects it can have on infants' development. In recognition that pediatricians (primary care providers, clinicians, and subspecialists) will require support and guidance, the American

Academy of Pediatrics Webinar Series on Zika Virus Syndrome was created. During the first webinar in this series, expert speakers will provide an overview of the neurodevelopmental manifestations of congenital Zika virus syndrome. Experts will also describe how to monitor symptomatic and asymptomatic infants, including how to collaborate with specialists to ensure a continuum of care.

### Speakers

[Edwin Trevathan, MD, MPH, FAAP](#)

Dr Trevathan is a child neurologist, an epidemiologist, and a public health leader, who is internationally known for his expertise in childhood epilepsy, disorders of the developing brain, developmental disabilities, and birth defects. Trevathan is a Professor of Pediatrics and Neurology at Vanderbilt University School of Medicine, and a pediatric neurologist at the Monroe Carell Jr. Children's Hospital at Vanderbilt. Dr Trevathan has held a number of senior leadership positions in academia and in government. He has served as Executive Vice President and Provost at Baylor University; Dean of the College for Public Health and Social Justice at Saint Louis University; Director of the Division of Pediatric and Developmental Neurology at Washington University in St. Louis, MO; and Director of the National Center on Birth Defects and Developmental Disabilities at the Centers for Disease Control and Prevention.

[Amy Houtrow, MD, PhD, MPH, FAAP](#)

Dr Houtrow is pediatric rehabilitation medicine physician and health services researcher. She is an Associate Professor and Vice Chair in the Department of Physical Medicine and Rehabilitation for Pediatric Rehabilitation Medicine at the University of Pittsburgh School of Medicine. She directs the Pediatric Rehabilitation Medicine Fellowship and is the Chief of Pediatric Rehabilitation Medicine Services and the Medical Director of the Rehabilitation Institute at the Children's Hospital of Pittsburgh. Dr Houtrow's main clinical focus is caring for children with disabling conditions to help to improve functioning and quality of life to the greatest degree possible. Her research focuses on improving how children with disabilities and their families access health care to optimize health care delivery.

[Zika Webinar Registration](#)

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## Member Spotlight: Katie Swec, MD, FAAP

Each month, INAAP conducts an interview with a pediatrician from around the state. This month, Dr. Katie Swec joined us to talk about her experiences in the world of pediatrics.

If you would like to nominate someone to be included in our member spotlight, please contact Chris Weintraut at [cw@inaap.org](mailto:cw@inaap.org).



## Dr. Emily Scott Talks to WISHTV-8 About Breastfeeding Education

INAAP's Perinatal & Infant Mortality Co-chair, Dr. Emily Scott, recently had a chance to sit down with WISHTV-8 for an interview on the importance of breastfeeding education and the need for continued support. Dr. Scott also recently contributed to a blog post on the same topic. Both the interview and blog post can be found below.

[WISHTV-8 Interview](#)   [Breastfeeding Blog Post](#)

## A Message from AAP District V Chair, Dr. Richard Tuck.

The Indiana Chapter of the American Academy of Pediatrics, along with chapters from Ohio, Michigan, and Ontario, make up AAP District V. The purpose of the AAP districts is to help chapters in close geographical proximity to each other more freely exchange thoughts and ideas.

The current District V Chair, Richard Tuck, MD, FAAP, has written a letter reminding our district about the importance of advocacy. To view the letter, use the link below.



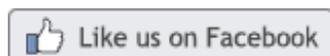
[A Message from Dr. Richard Tuck](#)



## Reminder on the Importance of Social Media

Over the past six months, INAAP has made a concerted effort to increase the quality and scope of its social media messaging. We are now posting a variety of information for both practitioners and families on a daily basis. INAAP currently utilizes both Facebook and Twitter, but needs your help to spread our message. If you haven't done so already, we encourage you to use the links at the bottom of this article to like us on Facebook and follow us on Twitter. The more followers we have, the more effective we can be at spreading our message.

STAY CONNECTED:



**Support INAAP this Holiday Season**

## by Using Amazon Smile

Did you know that you can help support INAAP with every purchase you make from Amazon? The Amazon Smile program gives a percentage of every purchase back to participating nonprofit organizations, and those donation can really add up during the holiday season. It's just like using Amazon, but with an added philanthropic benefit. Make sure the purchases you would make anyways this holiday season help support INAAP by using the link below!

[Amazon Smile - INAAP](#)



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